

MAY 2025

“At last came the golden month of the wild folk — honey-sweet May, when the birds come back, and the flowers come out, and the air is full of the sunrise scents and songs of the dawning year.”

— Samuel Scoville Jr

May is National:

- * Pet
- * Burger
- * Smile
- * Older Americans
- * Arthritis Awareness
- * Better Sleep Awareness
- * Mental Health Awareness
- * Military Appreciation

Month

Just to name a few!

Symbols of May

Birthstone: Emerald

Flower: Lily of the Valley & Hawthorns

Zodiac Signs: Taurus & Gemini

Oak Meadows Monthly

By: Kristina Dickhausen, Activities Director



A Fresh & Inspiring May

As the warmth of spring settles in, Oak Meadows is blossoming with activities to uplift, connect, and inspire. May is filled with meaningful gatherings, lively entertainment, and special moments to cherish.

Kicking off the month, our Ladies High Tea on May 9 will be a celebration of Mothers and all of the special women in our lives. Residents will gather to enjoy delightful teas, tasty treats, Inspirational Readings, and of course, wonderful conversation!

On May 18, we'll share laughter and fun with a special Bingo session alongside the children of Lutheran Church of Peace. Their youthful energy always brings joy to our community, making this a heartwarming intergenerational experience.

For music lovers, Crooner Vinnie Rose returns on May 20 to serenade us with his classic tunes and captivating voice. A performance not to be missed, his music has a way of bringing smiles and stirring wonderful memories.

And of course, as May draws to a close, we will honor Memorial Day with thoughtful reflections and themed events to pay tribute to the heroes who have served.

From lively gatherings to touching moments of remembrance, May, at Oak Meadows is all about celebrating life, community, and joy. Be sure to join us for these and many other engaging activities throughout the month!



Dining with Kindness

At Oak Meadows, every meal is an opportunity to connect, enjoy good food, and share in the warmth of our community. As we gather in the dining room, let's remember the simple yet powerful values of kindness, courtesy, and respect.

While many of us find comfort in routine, it's important to recognize that there are no assigned seats—every table is open, and every seat is an invitation to engage with neighbors, make new friends, and embrace a little variety. By remaining flexible and welcoming, we create an atmosphere that fosters positivity and inclusion for everyone.

So, as you take your seat, greet those around you with a smile, offer a kind word, and remember that small gestures of respect go a long way in making mealtime enjoyable for all. Thank you for helping make our dining space a place of warmth, conversation, and community!

Maintenance Updates:

Residents of Oak Meadows Senior Living can look forward to a refreshed and well-maintained community in the coming days! On **May 5th**, professional window washers will be on-site to clean exterior and interior windows throughout the community. Please be sure to move any items near the windows so that cleaners can get to them.

This scheduled maintenance helps keep our home bright and beautiful, ensuring clear views and fresh surroundings for everyone. While the work is in progress, residents may notice temporary equipment around the building, but all efforts will be made to minimize disruptions. Additionally, on **May 8th and 9th**, the parking lots will be cleaned and swept, starting on the **"B" side**. This work will help maintain a clean and safe environment for everyone.

Garage cleaning- Garage cleaning will begin on May 29th and continue through the end of day on May 30th. We are aiming to have all vehicles out by 7am on May 29th. The garage will be closed until the end of day on May 30th.

If you have any questions or concerns, please reach out to the front desk. Thank you for your cooperation, and enjoy the fresh, clean surroundings!

Grace and Peace to each one of you today and always:



May is a month of many changes, and one in which we pause and reflect. It is a month we look back at the changing weather from the cold winter snow to the brightness of spring. It is a month we remember our Mother's and for the mother in many of us, whether we have had a child, or claimed someone dear having a special place in our hearts.

As we get closer to the end of the month, we will be remembering those who have gone before us through Memorial Day. Memorial Day is a time to remember those who gave their lives to our country. That being said, we also remember our loved ones who lived here at Oak Meadows who have passed away in the last few months. We traditionally have a memorial service on All Saints Sunday in November; however, we will be having one in May to remember our loved ones who have left us recently. Family and friends will be invited to bring a picture of their loved ones, and a candle will be lit in their memory. Please stay tuned for the exact date when this will take place.

In the meantime, Shalom and God's blessings to each one of you today and always,

Chaplain John Syvertson

Happy May Birthday!



Tenants:

- Virginia E. 5/3
- Dorothea P. 5/4
- Wayne W. 5/5
- Sandra R. 5/11
- Florence R. 5/15
- Eve R. 5/15
- Arnold T. 5/19
- Jeanne P. 5/29



Birthday Lunch will be Served on 5/8 at 11:30 in the Dining Room!

Staff:

- Kaila Anderson 5/6
- Jennifer Cruz 5/16
- Jayden Lemire 5/21
- Laitia Lor 5/31

April showers bring me near, Fields of color now appear. Summer follows, but for now— I stand proud and make a vow.

Answer: May!

Ladies of Oak Meadows, You're Invited!

Join us for a **High Tea** as we celebrate the extraordinary women in our lives in honor of **Mother's Day**.

Date: Friday, May 9th **Time:** 2:00 PM **Location:** Community Room

Come enjoy delightful teas, delicious treats, and wonderful company as we honor the love, strength, and wisdom of the women who inspire us.

We look forward to sharing this special afternoon with you!



Make an Old Friend a New Neighbor and Get \$500!

Do you know someone who might enjoy living at Oak Meadows as much as you do? Wouldn't it be great to have an old friend living just down the hall, so you could attend social events, meet for coffee, or socialize over a delicious meal together?

Earn \$500 for you and \$500 for your friend! When your friend moves in, you and your referral will each receive \$500 in rent credit.

Happy Mother's Day

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Patience
Comforting
Teacher
Forgiving
Beautiful
Devoted

Heart
Bouquet
Kind
Kisses
Cherish
Mother

Family
Woman
Brave
Inspiration
Heritage
Admire

Mommy
Giving
Laughter
Understanding
Flowers
Celebrate