

**APRIL 2025**

*"Our spring has come at last with the soft laughter of April suns and shadow of April showers."*

*~Unknown*

**April is National:**

**Alcohol Awareness**

**Jazz Appreciation**

**Teacher Appreciation**

**Cancer Control**

**Decorating**

**Humor**

**Poetry**

**Pets are Wonderful**

**Second Chance**

**Stress Awareness**

**Month**

**Just to name a few!**

**Symbols of April**

**Birthstone: Diamond & Quartz**

**Flower: Daisy & Sweet Pea**

**Zodiac Signs: Aries & Taurus**



## Embracing Spring with Joy and Connection

As we step into April, the season of renewal and growth is upon us. At Oak Meadows Senior Living, we are excited to embrace the warmer weather, vibrant blooms, and the spirit of fresh beginnings. This month promises to be filled with activities, events, and moments that encourage connection, reflection, and fun.

April is a great time to get moving and enjoy the outdoors! We're hosting a variety of spring-themed activities, from garden tours and planting sessions in our community garden to outdoor strolls around our beautiful grounds. Join us as we soak up the sun, enjoy the fresh air, and celebrate the return of spring with fun and wellness in mind. Our fitness classes are also going spring-forward, with new schedules designed to energize both body and spirit.

Easter is just around the corner, and Oak Meadows is planning a beautiful celebration to reflect on this season of hope. Whether you celebrate with family traditions or prefer to join in with our community, we'll be hosting an Easter egg hunt, and a church service for those who wish to participate. It's a time to come together and reflect on the blessings that bring us joy.

As always, April will be a time to connect—whether through social events, crafting, or just spending time with friends and family. We encourage everyone to embrace the spirit of the season by reaching out to a neighbor, trying something new, or simply enjoying a cup of tea in good company.

We are looking forward to a joyful and enriching month, filled with new experiences, laughter, and the beauty of spring. Thank you for being part of the Oak Meadows family.

Wishing everyone a wonderful April!

Sincerely,  
Kristina Dickhausen  
Activities Director  
Oak Meadows Senior Living

## *From the Director's Desk*

Hello Oak Meadows Residents! I am excited to announce we will be getting Channel 2 (Community Channel) up and running in the next 30-45 days.

**Safety Reminder:** Please do not let anyone you do not know into the building (Pines and Ponds). Every visitor or vendor should use the entry phone system to reach their party or the front desk to be let into the building. Thank you for your assistance in keeping our community safe.

Have a wonderful April!!

Ann Grode  
Executive Director



## *From Our Chaplain*

Dear beloved Friends of Oak Meadows:

It's a powerful allegory for the human experience — a story of death, rebirth, and ultimately, transformation. For many, Easter embodies the essence of a spiritual rebirth, a story of resurrection and new beginnings. In religious narratives, Easter stands out as a story of hope and transformation, a time to shed the weight of our personal crosses and emerge into the light. But beyond theology, Easter speaks to the human condition, offering a poignant metaphor for renewal and the potential for personal metamorphosis. Renewal is possible.

Beyond the religious meanings, the season of Easter reminds us of hope in all of the world. Hope for better days, hope for joyous days and ultimately hope for a better corner of the world we live in. We need more hope in the world, and we are challenged to make our corner of the world just a little bit better than when we found it. In the church, the Sundays of Easter are formally celebrated for 7 weeks, although many of us celebrate it for one Sunday a year. I pray that we celebrate the hope of new life and that renewed life each and every day of our lives. May the renewal of spring and the renewal of Easter fill you with hope and joy each day of your life.

Chaplain John Syvertson

## *Cook's Corner*



The New Spring/Summer 5-Week Menus will be out toward the end of May.

Please join us the 1st Wednesday of each month at 2pm in the Community Room for Coffee w/ the Chef.. We can discuss any dining related concerns and menu items.

Bon Appetite!

## *10 Fun Facts About April*

**April's Birthstone:** The birthstone for April is the diamond, symbolizing strength, clarity, and eternal love. It's also considered the hardest natural material on Earth!

**April Fools' Day:** April 1st is known as April Fools' Day, a day dedicated to playing pranks and tricks on others. It's celebrated worldwide, though the tradition is thought to have originated in France in the 16th century.

**Springtime in the Northern Hemisphere:** In the Northern Hemisphere, April marks the full swing of spring. This is when flowers start blooming, and the weather begins to warm up, signaling the end of winter.

**The Origin of the Name:** The name "April" comes from the Latin word *aperire*, which means "to open," likely referring to the opening or blossoming of flowers and trees during the spring.

**April 22 - Earth Day:** Earth Day is celebrated worldwide on April 22nd, a day dedicated to promoting environmental awareness and sustainability.

**Tax Day in the U.S.:** In the United States, the deadline for filing income taxes is traditionally April 15th (unless it falls on a weekend or holiday, in which case it's extended).

**April's Unique Weather:** The saying "April showers bring May flowers" is a classic piece of wisdom. The month is often known for unpredictable weather, with rainstorms followed by sunny spells.

**The Zodiac Signs:** People born in April fall under two zodiac signs: Aries (March 21 - April 19) and Taurus (April 20 - May 20).

**Historical Events:** On April 4th, 1968, Dr. Martin Luther King Jr. was tragically assassinated. However, April has also seen major accomplishments like the launch of the first space shuttle, *Columbia*, on April 12th, 1981.

**Unique Holidays:** April is home to quirky holidays like National Siblings Day (April 10th) and National Pet Day (April 11th), so it's a great time to celebrate family and pets!

**Residents:**

- 4/14 Lorraine R.
- 4/14 Jean S.
- 4/18 Gail B.
- 4/26 Judy P.
- 4/28 Joanne J.
- 4/30 Judy G.
- 4/30 Robin G.

*Happy April Birthday!*



**Staff:**

- 4/1 Neila B
- 4/4 Ann G
- 4/6 Leslie F
- 4/8 Jeanine F
- 4/8 Tyler W
- 4/11 Dawson R
- 4/13 Traci A
- 4/20 Jeremiah V
- 4/23 Kayley S

***Birthday Lunch will be  
Served on 4/11  
at 11:30 in the  
Dining Room!***

**Why did the  
Easter egg hide?**

***Because it was a  
little chicken!***





# April

## Word Search

R	T	U	Z	Y	A	R	A	B	B	I	T
P	A	P	R	I	L	F	O	O	L	S	R
U	E	I	O	D	J	A	C	K	E	T	A
E	M	A	X	E	P	E	I	S	Q	O	I
O	G	Z	L	A	W	R	M	A	U	E	N
E	R	G	S	R	G	C	L	Q	F	P	B
S	A	R	S	T	O	H	J	B	B	U	O
P	B	A	D	H	S	I	M	R	E	D	W
R	U	S	I	D	W	C	L	O	U	D	S
I	E	S	R	A	E	K	A	P	I	L	Z
N	D	B	B	Y	I	S	P	M	U	E	A
G	U	A	T	U	L	I	P	S	X	S	O

**RAINBOWS**

**EGGS**

**RABBIT**

**EARTH DAY**

**CLOUDS**

**CHICKS**

**APRIL FOOLS**

**GRASS**

**SPRING**

**TULPIS**

**JACKET**

**PUDDLES**