

JULY 2024

“July is hollyhocks and hammocks, fireworks and vacations, hot and steamy weather, cool and refreshing swims, beach picnics, and vegetables all out of the garden.”

— Jean Hersey

July is National:

- * Hemp
- * Anti-Boredom
- * Grilling
- * Watercolor
- * Peach
- * Picnic
- * Blueberry
- * Ice Cream
- * Hot Dog
- * Culinary Arts
- * Watermelon

Month

Just to name a few!

Symbols of July:

Birthstone: **Ruby**

Flower: **Larkspur & Water Lily**

Zodiac Signs: **Cancer and Leo**



Oak Meadows
SUMMER OPEN HOUSE

JOIN OAK MEADOWS SENIOR LIVING FOR THEIR ANNUAL SUMMER PICNIC

Great weather is here and so is our annual summer event. Bring the family and enjoy a delicious, chef-prepared BBQ dinner, live music, a petting zoo, yard games, and a dunk tank! Prize drawing and tours available.

WEDNESDAY, JULY 31
4:30 – 6:30 PM
8131 4th Street North, Oakdale

RSVP to 651-578-0676
Megan.Asmus@Fairview.org

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Welcome to July...

We are entering the “Dog Days of Summer!” In ancient Roman and Greek astrology, the dog days were connected with bad luck, mad dog attacks, unexpected thunderstorms, heat, and drought. Though some of this seems to be happening nowadays, the dog days currently refer to the hottest days of summer beginning. Ironically, the first rabies vaccine was administered on July 6, 1885 by French microbiologist, Louis Pasteur. A nine-year-old child had been bitten by a rabid dog, and unsure of the success of the vaccine, Pasteur decided to give it a try. Thankfully it worked!!!

This month we celebrate Independence Day, the annual celebration of nationhood. It commemorates the passage of the Declaration of Independence by the Continental Congress on July 4, 1776. The first celebration of Independence day occurred during the Revolutionary War, where there were explosions, artillery fire, and “bombs bursting in air.” So why do we celebrate with fireworks? Many believe it was because of a letter John Adams sent to his wife, Abigail, to let her know that independence was declared. “This day ought to be solemnized with Pomp and Parade, with shows, Games, Sports, Guns, Bells, Bonfires and Illuminations from one End of this Continent to the other from this Time forward forever more.” Historically, pyrotechnics were already used to elaborate pageants, plays, weddings, and other worldly events! Regardless, fireworks are still used today as a mode of celebration!

Dance like no one is watching! Be Safe, and God Bless!



Cooks Corner

Here’s a sneak peak at the menu for the
Summer Picnic!

- **Pulled Pork on a Bun**
- **Grilled Hot Dogs**
- **Vegetarian Italian Pasta Salad**
- **Baked Beans**
- **Mixed Fruit Cup**
- **Potato Chips**
- **Assorted Cookies**

The Good Word

Isaiah 40:31

31 but those who hope in
the LORD
will renew their strength.
They will soar on wings like
eagles;
they will run and not grow
weary,
they will walk and not be
faint.

Oak Meadows Maintenance Update

Hello Everyone! We are finally wrapping up with the changing of filters and smoke detector batteries in your apartments.

The gutters will be cleaned the first week in July as well. We are pleased to say that the parking garage will undergo a professional cleaning on July 11th. If you have a vehicle parked in the garage, it best that you move it to one of the outside parking lots. Any items stored in your parking space should be moved as well. Removal of vehicles and items will give us a more thorough clean. The cleaners will begin at 8am, and will take a few hours. We will notify you when they are finished.

Thank you for your cooperation!
Jerid Shannon,
Environmental Services Director



A July Poem

~Author Unknown

July sunsets paint the sky,
A canvas of warm hues up high.
Fireflies dance in twilight's glow,
As summer whispers secrets low.

Fields of green and flowers bloom,
Underneath the sun's golden plume.
Crickets sing their lullabies,
As July nights embrace our eyes.

And in this month of warmth and grace,
We find our joy in every place.
July, a fleeting, cherished song,
Where memories and dreams belong.

Happy July Birthday!

7/1 - Mark S.

7/3 - Marge J.

7/6 - Rosanna W.

7/27 - Elaine S.

7/28 - Junnell L.

7/28 - Dorothy S.

7/30 - Suzette G.

7/30 - Marlene G.



*Birthday Lunch
will be served at
11:30 on July 11th in
the dining room!*



4TH OF JULY

WORD SEARCH

T M N W Q J E T A R B E L E C D Y
I M T Q H H Y M Q R Q U D U E I A
O Q T A W Q M Z Y E X U C C N T D
I N D E P E N D E N C E L C J A I
A S I O U O R H A M U A A T U Q L
N K S A M E R I C A R P P S O S O
U R P U F U B E E A Y S T R U B H
P O A Y D L D W T O E C I N C I P
K W R W E A A I L P O E A U E O N
F E K H T F O G I A D E U S D I H
Y R L I I N T R B E M D T N A T L
L I E T N P T Z E U R A E T R S C
U F R E U S L Q R R R U I U A A E
J V S O D L K V T S L R O K P J B
W I T O E O M O Y B B F I U P J L
I A S V Y E M R E D R E M M U S E

America
Blue
Britain
Celebrate
Declaration

Fireworks
Flag
Fourth
Freedom
Holiday

Independence
July
Liberty
Parade
Picnic

Red
Sparklers
Stars
Stripes
Summer

United
White