

Daily Specials

April 28 - May 4

Fresh Menus-Fall/Winter Week 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4/28/2024	4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024	5/4/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Continental	Pancakes Sausage-Bacon	Bisquits and Gravy Sausage-Bacon	French Toast Sausage-Bacon	Eggs Benedict Sausage-Bacon	Belgium Waffles Sausage-Bacon	Continental
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad
Roast Turkey & Gravy w/ Cranberry Apple Dressing Fresh Steamed Green Beans	Gourmet Macaroni and Cheese Marinated Tomato Salad	Brown Ale Pork on a Bun w/ Picked Onions Squash & Couscous Salad over Lettuce Greens	Grilled Reuben on Marble Rye German Potato Salad Roasted Beets	Salad w/Figs Roasted Fennel & Pork Tenderloin Chunky Spiced Applesauce Wheat Breadstick	Beer Battered Cod w/Homemade Tartar Sauce Jo-Jo Potatoes Apple Coleslaw	Pesto Chicken & Havarti Sandwich on Rosemary Flatbread w/Lettuce & Tomato Marinated Veggie Salad
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad
Tuna Salad on a Croissant w/ Lettuce Tomato & Sweet Pickles Sun Chips	Beer Braised Beef Short Ribs Dilled Red Potatoes Whipped Squash	Hungarian Paprika Chicken Egg Noodles Vegetable Blend	Grilled Salmon w/ Mango Salsa Quinoa Blend Roasted Zucchini, Peppers & Onions	Swedish Meatballs over Mashed Potatoes Cranberry Sauce Steamed Broccoli	Ravioli w/ Squash & Spinach Cream Sauce Roasted Multi-Color Blend Carrots Garlic Toast	Traditional Pot Roast w/Carrots, Onions & Potatoes Fresh Green Beans Warm French Bread
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

*Optional Menu Items Available

*Menu is subject to change

 **EBENEZER**
Choices for vibrant senior living

Daily Specials

May 5 - 11

Fresh Menus-Fall/Winter Week 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5/5/2024	5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024	5/11/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Continental	Pancakes Sausage-Bacon	Bisquits and Gravy Sausage-Bacon	French Toast Sausage-Bacon	Eggs Benedict Sausage-Bacon	Belgium Waffles Sausage-Bacon	Continental
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad
Ham w/Cranberry Chutney Scalloped Potatoes Root Vegetable Blend Wheat Dinner Roll	Naan Bread Pizza w/Italian Sausage Roasted Vegetables Garden Salad	Mushroom & Swiss Burger w/Pickles French Fries Creamy Coleslaw	Chicken Fajitas in a Flour Tortilla w/ Onions, Peppers, Cheddar Cheese, Sour Cream & Salsa Black Beans & Rice	Roast Beef and Cheddar Sandwich w/Roasted Red Pepper and Horseradish Ambrosia Fruit Salad	Tomato & Bacon Quiche w/Swiss Cheese Banana Bread Grapes & Melon Wedges	Philly Beef on a Hoagie w/Peppers, Onions & Provolone Side of Au Jus Spinach Salad w/ Strawberries & Almonds
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad
Cobb Salad w/ Chicken, Bacon, Tomato, Hardboiled Eggs & Avocado on Lettuce Greens Corn Bread	Spaghetti w/ Tomato Meat Sauce Garden Salad Parmesan Bread	Fried Chicken w/ Country Gravy Mashed Potatoes Seasoned Corn	Pasta with Basil Shrimp, Vegetables and Fire Roasted Tomatoes Whole Wheat Breadstick	Breaded Pork Chop w/Cinnmamon Apples Sweet Potato Gratin Roasted Brussel Sprouts	Oven Baked Cod w/Lemon Dill Sauce Brown and Wild Rice Blend Fresh Steamed Broccoli	Pork Chow Mein w/Oriental Vegetables & Chow Mein Noodles Over Rice
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

*Optional Menu Items Available

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Daily Specials

May 12 - 18

Fresh Menus-Fall/Winter Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5/12/2024	5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024	5/18/2024
Breakfast Continental	Breakfast Continental	Breakfast Bisquits and Gravy Sausage-Bacon	Breakfast French Toast Sausage-Bacon	Breakfast Eggs Benedict Sausage-Bacon	Breakfast Belgium Waffles Sausage-Bacon	Breakfast Continental
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad
Turkey Parmesan w/Stewed Tomatoes and Zucchini over Penne Pasta Garden Salad Wheat Dinner Roll	Grilled Ham and Swss w/Apples Preserves on Multigrain Bread Sweet Potato Fries Marinated Cucumber Salad	Taco Salad w/ Seasoned Beef, Tomatoes, Cheddar, & Sour Cream Tortilla Chips & Salsa	Grilled Tuna Melt on Wheat Bread Waldorf Salaf w/ Apples & Grapes Pickled Beets	Kielbasa w/ Peppers, Onions & Honey Mustard Glaze Roasted Potatoes, Braised Cabbage w/ Fennel	Egg Salad on Multigrain Bread w/Lettuce Orange Slices Sun Chips	Roasted Turkey Salad w/Craisins & Candied Pecans on a Bed of Greens Seasonal Fresh Fruit
Assorted Desserts		Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad
Hot Dogs w/ Onion, Relish Chips Seasonal Fresh Fruit Choice of Dressing	Oven Roasted Salmon w/ Sundried Tomato Sauce Rice Steamed Asparagus w/Lemon Butter	Braised Pork Chops w/Onions & Gravy Cornbread Stuffing Vegetable Medley	Meatloaf w/ Tomato Glaze Red Skinned Mashed Potatoes Fresh Green Beans	Creamy Chicken Florentine w/ Mushrooms & Spinach Roasted Carrots Warm French Bread	Coconut Fried Shrimp w/ Chili Dipping Sauce Vegetable Fried Rice Pea Pods	Beef Stroganoff w/Mushrooms & Sour Cream Egg Noodles Green Peas
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

*Optional Menu Items Available

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Daily Specials

May 19 - 25

Fresh Menus-Fall/Winter Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5/19/2024	5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024	5/25/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Continental	Pancakes Sausage-Bacon	Bisquits and Gravy Sausage-Bacon	French Toast Sausage-Bacon	Eggs Benedict Sausage-Bacon	Belgium Waffles Sausage-Bacon	Continental
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad
Mahi Mahi w/ Garlic Wine Sauce Baked Rice w/ Spinach Roasted Carrots	BLTTA Salad w/ Bacon, Turkey, Tomato & Avocado on Lettuce Wheat Breadstick Grapes	Grilled Turkey Burger w/Lettuce & Cranberry Mayo Carrot & Celery Sticks w/Ranch	Sloppy Joe on a Bun Bread & Butter Pickles Baked Beans Creamy Coleslaw	Asian Noodle Salad w/Lettuce, Napa Cabbage, Cilantro, Mint, Vegetables, Peanuts, Egg Roll w/Sweet Chili Dressing	Meatball & Marinara Sub w/Pickles & Peppers Garden Salad	Pork & Chili Bean Enchilada w/ Lettuce, Tomato, Avocado & Sour Cream Mexican Corn Salad
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad	Soup du Jour or Garden Salad
Grilled Cheese Sandwich w/ Pickles Fresh Fruit Salad	Herb Marinated Roast Beef & Gravy Mashed Potatoes Fresh Green Beans Roasted Carrots	Homemade Lasagna w/Italian Sausage Caesar Salad Garlic Bread	Pork Tenderloin w/Apricot Glaze Baked Sweet Potato Roasted Cauliflower	Oven Baked Chicken Tender w/Honey Mustard Sauce American Fried Potatoes Buttered Beets	Parmesan Crusted Tilapia w/Lemon Butter Sauce Rice Amandine Sauteed Medley of Vegetables	Honey & Orange Glazed Boneless Chicken Thigh Roasted Yukon Potatoes Carrots & Peas
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

*Optional Menu Items Available

*Menu is subject to change