## Daily Specials <br> Week1

Fresh Menus-Spring Summer 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Continental Breakfast | Pancakes Sausage and Bacon Warm Syrup | Biscuits and Gravy <br> Sausage and Bacon | French Toast Sausage and Bacon Warm Syrup | Eggs Benedict Sausage and Bacon | Waffles with Fruit Sausage and Bacon | Continental Breakfast |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad |
| Buttermilk Chicken Baked Potato w/ Sour Cream \& Chive Fresh Roasted Beets Wheat Dinner Roll | Ham \& Cheese Slider on Hawaiian Roll Potato Salad Sweet Pickle Watermelon | Fish Cakes with Remoulade Sauce Heirloom Tomato Salad w/Avocado Hardboiled Egg \& Italian Dressing | Pesto Chicken Wrap w/ Lettuce, Tomato \& Mayo Marinated Cucumber Salad Grapes | Pulled Chicken on <br> a Wheat Bun Coleslaw <br> Pineapple BBQ Baked Beans | Egg Salad Sandwich on Wheat Bread w/lettuce Orange Slices Sun Chips Caprese Salad | Plated Turkey, Grape \& Almond Salad w/Bed of Greens \& Fresh Melon <br> Raisin Bran Muffin |
| Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad |
| Chef Salad w/ <br> Ham, Turkey, <br> Tomato, Croutons and Eggs <br> Your choice of Dressings | Ricotta Stuffed Shells <br>  <br> Meatsauce <br> Garden Salad <br> Roasted Carrots | Roasted Pork Loin w/Raspberry BBQ Sauce <br> Cornbread Bake Fresh Green Beans | Meatloaf w/ Tomato Glaze Red Skinned Mash Potatoes Broccoli | Gouda Pasta Primavera Sauteed Vegetables Garden Salad Grilled Bread | Coconut Fried <br> Shrimp <br> w/Sweet Chili <br> Dipping Sauce <br> Vegetable Fried Rice <br> Pea Pods | Herbed Roast Beef <br> w/Horseradish Sauce <br> Roasted Potatoes Harvard Beets <br> Wheat Dinner Roll |
| Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts |

[^0]*Menu is subject to change
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Choices for vibrant senior living

## Daily Specials

Week 2
Fresh Menus-Spring Summer 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Continental Breakfast | Pancakes Sausage and Bacon | Biscuits and Gravy Sausage and Bacon | French Toast <br> Sausage and Bacon | Eggs Benedict <br> Sausage and Bacon | Waffles with Fruit Sausage and Bacon | Continental Breakfast |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad |
| Oven Fried Chicken Cauliflower Salad Baked Beans Watermelon | Mixed Greens w/ Vegetables, Lemon Orzo \& Grilled Salmon \& Fresh Basil Crostini | Grilled Turkey Burger w/Lettuce \& Raspberry Mayo Sweet Potato Fries Waldorf Salad | Greek Salad w/ Seasoned Chicken, Tomato, Cucumber, Black Olives, Red Onion, Feta Cheese Pita Bread w/ Tzatziki Sauce |  <br> Marinara on Wheat Hoagie Pickles \& Peppers Creamy Cucumber Salad | Open Face Scrambled Eggs w/ Parmesan Cheese on Wheat Bread Fresh Tomato Slices \& Microgreens | Beef Tacos w/ Lettuce, Tomato \& Cheddar Refried Beans Chips \& Salsa |
| Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad |
| Grilled Cheese on Wheat with Pickes and Mixed Fruit Chips | Traditional Pot Roast w/Carrots, Onions \& Potatoes Fresh Green Beans Warm French Bread | Homemade Lasagna w/Italian Sausage Caesar Salad Garlic Bread | Pork Tenderloin w/ Peach Sauce Baked Sweet Potato Roasted Cauliflower Wheat Dinner Roll | Coconut Curry Chicken w/ Tomatoes Rice Broccoli | Parmesan Crusted <br> Tilapia <br> Orzo w/Basil Pesto Sauteed Vegetable Medley | Pork Chops w/ Tomatoes <br> Mashed Potatoes Summer Squash |
| Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts |

*Optional Menu Items Available
*Menu is subject to change
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# Daily Specials 

Week 3
Fresh Menus-Spring Summer 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Continental Breakfast | Pancakes Sausage and Bacon | Biscuits and Gravy Sausage and Bacon | French Toast Sausage and Bacon | Eggs Benedict Sausage and Bacon | Waffles with Fruit Sausage and Bacon | Continental Breakfast |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad |
| Seasoned \& Roasted Shrimp on a Skewer on Basil Pesto Pasta Roasted Asparagus Cheddar Biscuit | Loaded Baked Potato w/Ham, Broccoli, Cheddar, Sour Cream \& Chives <br> Marinated Tomato Salad | Grilled Bratwurst on a Bun w/ Sauerkraut \& Pickles <br> Bean \& Vegetable Salad <br> Cinnamon Apples | Asian Chicken Salad w/Chicken Tenders, Cucumber, Pea Pods Mandarin Oranges $\delta$ Chow Mein Noodle on Lettuce Wheat Breadstick | Open Face Pizza Burger w/Seasoned Turkey Sausage \& Vegetables Garden Salad | Seafood Pasta Salad on Spring Greens Fresh Baked Croissant Melon Slices | Grilled Monte Cristo w/Ham \& Raspberry Preserves Spinach Salad w/ Strawberries \& Almonds |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad |
| Roast Beef and Cheddar Sandwich w/Roasted Red Pepper and Horseraddish w/Carrot and Celery Sticks | Herbed Hamburger <br> Steak w/Fried Onions <br> Red Skinned Mashed Potatoes Fresh Green Beans Wheat Roll | Oven Baked Cod w/Lemon Dill Sauce Quinoa Blend Roasted Zucchini, Peppers \& Onions | Slow Roasted BBQ <br> Baby Back Ribs Honey Cornbread American Fried Potatoes <br> Corn on the Cob | Chicken Marsala w/Mushrooms over Pasta Peas \& Onions | Beer Battered Cod <br> Homemade Tartar <br> Sauce <br> Jo Jo Potatoes <br> Apple Coleslaw | Bourbon Chicken w/Carrots \& Green Onions Rice Broccoli |
| Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts |
| *Optional Menu Items Available |  |  |  |  | EBENEZER |  |

## Daily Specials

Week 4
Fresh Menus-Spring Summer 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Continental Breakfast | Pancakes Sausage and Bacon | Biscuits and Gravy Sausage and Bacon | French Toast Sausage and Bacon | Eggs Benedict Sausage and Bacon | Waffles with Fruit Sausage and Bacon | Continental Breakfast |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad |
| Baked Ham w/ Apricot Glaze Buttermilk \& Chive Mashed Potatoes Roasted Baby Carrots\&Dinner Roll | Lemon Pasta \& Pea Salad w/Chicken \& Crostini Stuffed Tomato Gratin | Chicken Tenders w/ <br> Dijon Mustard Sauce <br> Tater Tots Waldorf Salad | Fish Taco w/Slaw Salsa \& Sour Cream Mixed Greens w/ Mango \& Avocado Tortilla Chips |  <br> Roasted Vegetables Garden Salad | Bacon \& Tomato <br> Quiche w/Swiss Cheese <br> Grapes \& Melon Wedges | Grilled Ranch Chicken on Wheat Bun w/Lettuce \& Tomato Sweet Potato Fries |
| Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad | Soup of the Day or Garden Salad |
| Tuna Salad on Croissant Sunchips Orange Slices | Beef Fajitas in a <br> Flour Tortilla w/ Onions, Peppers, Cheddar Cheese, Sour Cream \& Salsa Black Beans \& Rice | Breaded Pork Chop <br> w/Strawberry <br> Rhubarb Compote <br> Parsley Potatoes <br> Whipped Squash <br> Wheat Dinner Roll | Grilled <br> Cheeseburger w/Fried Onions, Lettuce, Tomato \& Pickles French Fries Baked Beans | Stuffed Chicken <br> Breast w/Spinach Cream Cheese Orange Glazed Sweet Potatoes Roasted Brussel Sprouts | Roasted Salmon w/ <br> Sun Dried Tomato Sauce <br> Quinoa Rice Blend Fresh Steamed Broccoli | Spaghetti w/ <br> Tomato <br> Meatsauce <br> Garden Salad <br> Parmesan Bread |
| Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts | Assorted Desserts |
| *Optional Menu Items Available |  |  |  |  | $B B A N B+C R$ |  |


[^0]:    *Optional Menu Items Available

