MAY 2024

"At last came the golden month of the wild folk honey-sweet May, when the birds come back, and the flowers come out, and the air is full of the sunrise scents and songs of the dawning year."

— Samuel Scoville Jr

May is National:

- * Pet
- * Burger
- * Smile
- * Older Americans
- * Arthritis Awareness
- Better Sleep Awareness
- Mental Health Awareness
- Military Appreciation

Month

Just to name a few!

Symbols of May

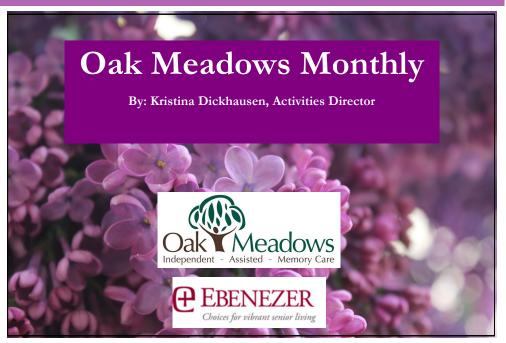
Birthstone: Emerald

Flower: Lily of the Valley

& Hawthorns

Zodiac Signs: Taurus &

Gemini



Like No Mother

A day to honor mothers has existed, well, as long as there have been mothers. Mother's Day endures and evolves. It celebrates the varied roles of mothers today. We commemorate the many ways mothers have fought to better the lives of their children, from social welfare to non-violence. We also honor the way mothers have raised and nurtured their children with love and courage.

Please join us in celebrating all of the special women in our lives. Oak Meadows will host a Mother's Day High Tea on Thursday, May 9th at 2pm in the Community Room. Casual attire is welcome! "You've made this day a special day, by just your being you. There's no person in the whole world like you, and I like you just the way you are." – Fred Rogers



Cook's Corner



The new menus will begin on May 12th!

Bon Appetite!

A dry May and a leaking June Make the farmer whistle a merry tune.

A snowstorm in May Is worth a wagonload of hay.

Among the changing months, May stands confessed
The sweetest, and in fairest colors dressed!

-James Thomson, Scottish poet (1700-48)



A special thanks to Troop #57948 for an Amazing Day of Service at Oak Meadows!



Woodbury High School Service Day is Monday, June 3rd! Students will be here from 9:30-Noon helping with projects!

Happy May Birthday!

5/3 - Ben N.

5/3 - Virginia E.

5/4 - Dorothea P.

5/6- Kaila Anderson- RA

5/11 - Sandy R.

5/12 - Joe G.

5/15 - Florence R.

5/15 - Eve R.

5/16- Jennifer Cruz -RA

5/16 - Carole W.

5/18 - Vi H.

5/19 - Arnie T.

5/19 - Joyce K.

5/20 - Gwen M.

5/29 - Jeanne P.



Birthday Lunch will be Served on 5/9 at 11:30 in the Dining Room!



I am strong because I know my weakness. I am compassionate because I've suffered. I am alive because I am a fighter. I am wise because I've been foolish. I can laugh because I have known sadness.

I am a strong woman who

has weathered the storm, but

still Loves to dance

in the rain!!





May Day Crossword

tradition celebrate raindrops Gardening festival

maypole



ribbons D \mathbf{Z} X S N В R F K M O В Ι Т outside R L F L D Α G may day Η R Α D Ι Т Ι O N WΕ Ε Τ R В Ε L **Flowers** L В В Y Ε F В В **Basket** W S Ζ L G C U \mathbf{Z} Η T Т Η Η O Ν X В F Μ C Spring Ι Ε O N O J P K Ι Ν F S W S T В U V N O Y Y U L bloom S A X AANU G Sunny M L ΗО \mathbf{Z} Ι S M DС F Ν R D Ε D Y P V G N K buds S Ε Ε Η Q Η Ε Α Ρ Y fun G H D Τ M G \mathbf{Z} \mathbf{U} Т Η R D Ν I R S P May R N GAYXDHOJ F