

Oak Meadows Monthly

By: Kristina Dickhausen, Activities Director

APRIL 2024

*“April hath put
the spirit of
youth in every-
thing.”*

~ William Shakespeare

April is National:

Alcohol Awareness

Jazz Appreciation

Teacher Appreciation

Cancer Control

Decorating

Humor

Poetry

Pets are Wonderful

Second Chance

Stress Awareness

Month

Just to name a few!

Symbols of April

Birthstone: Diamond &
Quartz

Flower: Daisy & Sweet
Pea

Zodiac Signs: Aries &
Taurus



Help Represent Oak Meadows

RESIDENT AMBASSADOR GATHERING

Join us for our monthly meeting and enjoy some pizza! Returning resident ambassadors and those with new interest are welcome! We will talk more about resident ambassador duties and discuss ways to welcome new residents!

**TUESDAY, APRIL 9 AT 2PM IN
THE COMMUNITY ROOM**



Tuesday, April 16th is National Pajama Day! Be Comfy Cozy All Day long!



“After the Winter”

The snowy winter days are gone
 I yearn for spring and a robin’s song
 The patter of the rain is soft and still
 Like the aroma of lilac and daffodil
 There’s a kiss of sunshine upon my face
 Creatures emerge from their hiding place
 I admire the blossoms and budding trees
 As acres of lawn emerge from the winter freeze
 There is spring in my step and love in my soul
 A beauty nature need not cajole

Kristina Dickhausen April, 2023

Please join Girl Scout Troop # 57948 for Sundae Sunday! Sunday, April 28th at 2pm in the Community Room! They will have ice cream and Girl Scout Cookies for everyone!



Cook’s Corner



The New Spring/Summer 5-Week Menus will be out toward the end of May.

Please join us the 1st Wednesday of each month at 2pm in the Community Room for Coffee w/ the Chef.. We can discuss any dining related concerns and menu items.

Bon Appetite!

Get the Support You Need

Grief support is intended to help you cope with loss, like the death of a partner, family member, friend, colleague, or pet. The death of a loved one can cause both emotional and physical pain that can sometimes impair your ability to function.

Oak Meadows is sponsoring a grief support group with Megan Godfrey, Hospice & Palliative Care Music Therapist as the facilitator. The group will meet on Thursdays starting April 25th at 10:30am for six weeks. For more information or registration, Please contact Chaplain John Syvertson.

All are welcome to attend!

Happy April Birthday!

Larry W. 7th

Mary H. 12th

Lorraine R. 14th

Gail B. 18th

Judy P. 26th

Joanne J. 28th

Robin G. 30th

Staff:

Dining: Dawson 11th

Nursing: Neila 1st, Tia 29th, Marta 30th

Administration: Traci 13th, Jeanine 8th,

Leslie 6th

Activities: Sandy 3rd



***Birthday Lunch will be
Served on 4/11
at 11:30 in the
Dining Room!***





April Word Search

H	Y	N	O	G	A	R	D	P	A	N	S	Y	B
Y	Y	R	B	L	Q	A	C	N	P	Q	U	D	L
W	G	D	A	I	U	T	U	L	R	I	P	R	A
L	D	O	R	S	E	W	E	E	R	D	E	F	E
H	Q	E	N	A	E	P	A	W	U	H	A	T	Y
T	U	L	I	P	N	S	R	O	T	I	E	U	W
A	L	A	C	Y	A	G	D	A	I	Y	P	I	E
E	T	Q	U	D	N	S	E	U	S	E	T	O	R
R	H	O	A	H	N	H	T	A	T	W	E	A	S
B	A	I	S	T	E	G	N	U	S	P	E	W	N
S	S	F	N	U	S	U	N	F	L	O	W	E	R
Y	Q	U	E	E	L	I	L	R	L	N	S	Y	O
B	D	O	R	I	A	D	R	I	E	Y	I	H	S
A	Y	W	B	L	C	K	L	I	S	U	R	D	E
B	L	A	C	K	E	Y	E	D	S	U	S	A	N



Babys Breath

Hydrangea

Rose

Black Eyed Susan

Iris

Snapdragon

Daffodil

Lily

Sunflower

Daisy

Petunia

Sweet pea

Heather

Queen Annes Lace

Tulip

