

Daily Specials

Fall/Winter 2022-2023 Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10/9/2022	10/10/2022	10/11/2022	10/12/2022	10/13/2022	10/14/2022	10/15/2022
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Eggs Your Way Bacon	Pancakes Sausage Links	Scrambled Eggs Hash Browns	French Toast Bacon	Eggs Benedict Hash Browns	Belgian Waffles Sausage Links	Scrambled Eggs Assorted Danishes
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad
Herb Roasted Fish Tartar Sauce Warm Potato & Black Bean Salad	Grecian Flatbread With Pulled Chicken Olives, Peppers Tomatos, & Feta Seasonal Fresh Fruit	Polish Sausage Over Spaetzel Braised Red Cabbage Roasted Apples	Lebanese Chicken Salad Dressing Naan Bread	Carolina Style Pulled Pork Sliders Mustard BBQ Sauce Craisin Slaw Apple Slices	Traditional Soft or Hard Shell Beef Tacos Spanish Rice Seasonal Fresh Fruit	Fried Egg Sandwich with Fresh Spinach Cheddar Cheese & Avocado Cottage Cheese Seasonal Fresh Fruit
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad	Soup Du Jour or Signature Salad
Scratch Made Turkey Pot Pie Sautéed Spinach & Pearl Onions	Chopped Beef Steak With Mushrooms Whipped Potatoes & Gravy Dilled Carrots Dinner Roll	Baked Sicilian Mostacolli Roasted Italian Vegetables Garlic Toast	Fire-House Chili Topped with Cheddar & Sour Cream Jalapeno Corn Bread Muffin with Honey Butter	Potato Quiche with Chives & Cheese Fresh Berries W/Crème Fraiche	Maple Glazed Seared Salmon Roasted Butternut Squash Barley Risotto	Savory Roast Pork Au Gratin Potatoes Sesame Green Beans Flaky Dinner Roll
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

Optional Menu Available - See back page



Choices for vibrant senior living