


October 2022– Woods Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast: 8:30am Lunch: 11:30am Coffee & Cookies: Afternoon Dinner: 4:30pm						1 Morning Activities Stars & Stripes Exercise "America Says" on Game Show Network Afternoon Activities RA's Choice Activity Coffee and Cookies The Daniel O'Donnell Show
2 Morning Activities 10:00 Church Service with Chaplain John Stars & Stripes Exercise Afternoon Activities Hymn Sing Along Coffee and Cookies 6:00 America's Funniest Videos on ABC (Ch.5)	3 Morning Activities Stars & Stripes Exercise Susie Q. Sing Along: <i>50's Fun!</i> Afternoon Activities 1:00 Kate's Musical Memories Coffee and Cookies Puzzle Hour	4 Beauty Shop Morning Activities 9:45 Exercise 10:30 Devotions with Chaplain John Afternoon Activities Stars & Stripes Exercise Coffee and Cookies Cards and Games	5 Morning Activities Stars & Stripes Exercise Mind Aerobics Afternoon Activities Daniel O'Donnell Concert on DVD: Live from Nashville Coffee and Cookies Balloon Ball	6 Beauty Shop Morning Activities 10:00 McPhail Music for Life with Joey Afternoon Activities 1:00 Devotions with Chaplain John Coffee and Cookies Parachute	7 Morning Activities Stars & Stripes Exercise Melody Lane Sing Along: <i>Songs of Ireland</i> Afternoon Activities 1:00 Nail Care I Love Lucy Coffee and Cookies Evening Movie	8 Morning Activities Stars & Stripes Exercise "America Says" on Game Show Network Afternoon Activities RA's Choice Activity Coffee and Cookies Daniel O'Donnell : <i>Rock 'N' Roll Concert</i>
9 Morning Activities 10:00 Church Service with Chaplain John Stars & Stripes Exercise Afternoon Activities Country Sing Along Coffee and Cookies 6:00 America's Funniest Videos on ABC (Ch.5)	10 Morning Activities Stars & Stripes Exercise Susie Q Sing Along: <i>Happy Days!</i> Afternoon Activities Noodle Hockey Coffee and Cookies Puzzle Hour	11 Beauty Shop Morning Activities 9:45 Exercise 10:30 Devotions with Chaplain John Afternoon Activities Stars & Stripes Exercise Coffee and Cookies Cards and Games	12 Morning Activities Stars & Stripes Exercise Mind Aerobics Afternoon Activities Noodle Hockey Coffee and Cookies Balloon Ball	13 Beauty Shop Morning Activities Stars & Stripes Exercise Sentimental Sing Along: <i>Love & Romance</i> Afternoon Activities 1:00 Devotions with Chaplain John Coffee and Cookies Parachute	14 Morning Activities Stars & Stripes Exercise Melody Lane Sing Along: <i>Country Classics</i> Afternoon Activities 1:00 Nail Care Golden Girls Coffee and Cookies Evening Movie	15 Morning Activities Stars & Stripes Exercise "America Says" on Game Show Network Afternoon Activities RA's Choice Activity Coffee and Cookies Daniel O'Donnell : <i>Songs of Faith Concert</i>
16 Morning Activities 10:00 Church Service with Chaplain John Stars & Stripes Exercise Afternoon Activities Old Times Favorites Sing Along Coffee and Cookies 6:00 America's Funniest Videos on ABC (Ch.5)	17 Morning Activities Stars & Stripes Exercise Susie Q Sing Along: <i>Praise & Joy</i> Afternoon Activities Noodle Hockey Coffee and Cookies Puzzle Hour	18 Beauty Shop Morning Activities 9:45 Exercise 10:30 Devotions with Chaplain John Afternoon Activities Stars & Stripes Exercise Coffee and Cookies Cards and Games	19 Morning Activities Stars & Stripes Exercise Mind Aerobics Afternoon Activities Noodle Hockey Flu Shot Clinic Coffee and Cookies Balloon Ball	20 Beauty Shop Morning Activities 10:00 McPhail Music for Life with Joey Afternoon Activities 1:00 Devotions with Chaplain John Coffee and Cookies Parachute	21 Morning Activities Stars & Stripes Exercise Melody Lane Sing Along: <i>Around the World</i> Afternoon Activities 1:00 Nail Care I Love Lucy Coffee and Cookies Evening Movie	22 Morning Activities Stars & Stripes Exercise "America Says" on Game Show Network Afternoon Activities RA's Choice Activity Coffee and Cookies Daniel O'Donnell: <i>Best of</i>
23 Morning Activities 10:00 Church Service with Chaplain John Stars & Stripes Exercise Afternoon Activities 50's Favorites Sing Along Coffee and Cookies 6:00 America's Funniest Videos on ABC (Ch.5)	24 Morning Activities Stars & Stripes Exercise Susie Q Sing Along: <i>America Sings!</i> Afternoon Activities Noodle Hockey Coffee and Cookies Puzzle Hour	25 Beauty Shop Morning Activities 9:45 Exercise 10:30 Devotions with Chaplain John Afternoon Activities 1:00 Sing-Along w/ Scott Coffee and Cookies Cards and Games	26 Morning Activities Stars & Stripes Exercise Mind Aerobics Afternoon Activities Noodle Hockey Coffee and Cookies Balloon Ball	27 Morning Activities Move & Groove Exercise Sentimental Sing Along: Love & Laughter Afternoon Activities 1:00 Devotions with Chaplain John Coffee and Cookies Parachute	28 Morning Activities Stars & Stripes Exercise Melody Lane Sing Along: <i>Songs from the Heart</i> Afternoon Activities 1:00 Nail Care Golden Girls Coffee and Cookies Evening Movie	29 Morning Activities Stars & Stripes Exercise "America Says" on Game Show Network Afternoon Activities RA's Choice Activity Coffee and Cookies Daniel O'Donnell : <i>Back Home Again</i>
30 Morning Activities 10:00 Church Service with Chaplain John Stars & Stripes Exercise Afternoon Activities Old Time Favorites Sing Along Coffee and Cookies 6:00 America's Funniest Videos on ABC (Ch.5)	31 Halloween Morning Activities Stars & Stripes Exercise Susie Q Sing Along: <i>Grandma's Parlor</i> Afternoon Activities Noodle Hockey Coffee and Cookies 3:30 Kate's Musical Memories Puzzle Hour			Activities are subject to change. Please see the T.V. in the Dining Room for updated information.		