

July 2022 Woods (Memory Care) Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast: 9:00 AM Lunch: 12 PM Dinner: 5 PM					¹ Belgian Waffles BBQ Riblets with Sweet Potato Fries Baked Tilapia with Mixed Veggies & Wild Rice	² Scrambled Eggs & Danish Chicken Tenders with Mashed Potatoes & Corn Chicken Alfredo with House Salad
³ Scrambled Eggs Turkey Dinner Beef Chili & Cornbread	⁴ Pancakes Ham & Swiss Sandwiches with Fruit & Chips Baked Ziti with Caesar Salad & Garlic Bread	⁵ Eggs & Hash Browns Cheeseburger & French Fries Pork Cutlets with Veggies & Scalloped Potatoes	⁶ French Toast Lasagna & a Breadstick Cheesy Chicken Noodle Casserole with a Dinner Roll	⁷ Biscuits & Gravy Egg Salad Sandwich with Coleslaw & Pineapple Country Fried Steak with Mashed Potatoes & Corn	⁸ Belgian Waffles Grilled Chicken Sandwich with Waffle Fries Coconut Shrimp with Steak Fries & Cucumber Salad	⁹ Scrambled Eggs & Danish Mini Corn Dogs with Fries & Potato Salad Stuffed Shells with Italian Salad & Breadsticks
¹⁰ Scrambled Eggs Ham Dinner Chicken Enchiladas with Rice & Refried Beans	¹¹ Pancakes Sloppy Joes with Chips & Mixed Veggies Marry Me Chicken with Mashed Potatoes & Broccoli	¹² Eggs & Hash Browns Grilled Ham & Cheese with French Fries Philly Cheesesteak with Fries and Coleslaw	¹³ French Toast Chicken Salad Sandwich & Sweet Potato Fries Gnocchi & Spinach Pasta with House Salad	¹⁴ Crepes with Fruit Ham & Pea Pasta Salad with a Dinner Roll & Fruit Beef Tips in Gravy with Mashed Potatoes and Corn	¹⁵ Belgian Waffles Fried Cod & Steak Fries Baked Salmon with Mixed Veggies & Rice	¹⁶ Scrambled Eggs & Danish Ranch Chicken Breast with Scalloped Potatoes & Fruit Chicken Stir Fry with Rice and Wontons
¹⁷ Scrambled Eggs Pot Roast Dinner BBQ Pork Sandwiches with Onion Rings & Coleslaw	¹⁸ Pancakes Turkey Club Croissant with Chips & Fruit Cocktail Beef Stew with a Dinner Roll	¹⁹ Eggs & Hash Browns Chicken Quesadillas with Beans Open-faced Turkey Sandwiches with Mashed Potatoes & Peas	²⁰ French Toast Chicken Bacon Ranch Pasta Salad and Watermelon Beef Stroganoff with a Dinner Roll & Side Salad	²¹ Eggs & English Muffins Hamburgers & Tater Tots Corned Beef & Cabbage with Steamed Red Potatoes & Carrots	²² Belgian Waffles Tuna Melts with Cottage Cheese & Pears Crab Cakes with Mashed Potatoes & Veggies	²³ Scrambled Eggs & Danish Turkey Burger with Fresh Fruit Baked Ham Mac & Cheese with a Biscuit
²⁴ Scrambled Eggs Meatloaf Dinner Cabbage Rolls with Roasted Potatoes & Veggies	²⁵ Pancakes Grilled Cheese & Tomato Soup with Fruit Lemon Garlic Chicken, Potatoes & Green Beans	²⁶ Eggs & Hash Browns Grilled Chicken Sandwich with Chips & Peaches Spaghetti with Meatballs with Veggies & a Breadstick	²⁷ French Toast Pulled Pork Sandwich with Sweet Potato Fries Tater Tot Hotdish with a Biscuit	²⁸ Ham & Cheese Omelets BLTs with Peaches & Cottage Cheese Salisbury Steak, Carrots, and Loaded Mashed Potatoes	²⁹ Belgian Waffles Ham Salad Sandwich & Mandarin Oranges Cod Sandwich with Fries & Broccoli Salad	³⁰ Scrambled Eggs & Danish Pepperoni Pizza & Pasta Salad Fire Braised Chicken with Baked Beans & Coleslaw
³¹ Scrambled Eggs Roasted Pork Loin Dinner Hot Dogs with Chips and Potato Salad						