



July 2022– Woods Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All activities are subject to change. Please see the T.V. in the Dining Room for updated information.			Breakfast: 9:00am Lunch: 12:00pm Dinner: 5:00pm		1 Morning Activities Stars and Stripes Video Exercise Sing Along with Susie Q: <i>Grandma's Parlor</i> Afternoon Activities 1:00 Guitar Sing Along with Jeannie Coffee and Cookies Friday Night Movie	2 Morning Activities Move & Groove Exercise RA's Choice Activity Afternoon Activities Melody Lane Sing Along: <i>Country Classics</i> Coffee and Cookies Saturday Night Movie
3 Morning Activities 11:00 Church Service with Chaplain John Afternoon Activities Stars & Stripes Video Exercise Coffee and Cookies 6:30 Wheel of Fortune on CBS (Ch.5)	4 Independence Day Morning Activities Stars and Stripes Video Exercise Sing Along with Susie Q: <i>America Sings</i> Afternoon Activities 4th of July Coloring Activity Coffee and Cookies 7:00 Macy's 4th of July Fireworks Show on NBC (Ch.11)	5 Beauty Shop Morning Activities 10:30 Devotions with Chaplain John 11:00 Exercise with Katie 11:30 Mind Aerobics Afternoon Activities 1:00 Rosary Group Coffee and Cookies Puzzle Hour	6 Morning Activities 10:30 Exercise with Katie 11:00 Finish the Phrase Afternoon Activities 1:00 Summer Art Project Coffee and Cookies Balloon Ball	7 Beauty Shop Morning Activities 10:30 Exercise with Katie 11:00 It's Never Too Late/ Virtual Reality Experience Afternoon Activities 1:00 Devotions with Chaplain John Coffee and Cookies Parachute	8 Morning Activities 10:30 Flower Arranging 11:00 Nail Care Afternoon Activities 1:00 Art Hour Coffee and Cookies Friday Night Movie	9 Morning Activities Move & Groove Exercise RA's Choice Activity Afternoon Activities Sing Along with Susie Q: <i>Happy Days</i> Coffee and Cookies Saturday Night Movie
10 Morning Activities 11:00 Church Service with Chaplain John Afternoon Activities Stars & Stripes Video Exercise Coffee and Cookies 6:30 Wheel of Fortune on CBS (Ch.5)	11 Morning Activities 10:30 Exercise with Katie 11:00 Old Time Favorites Sing Along #1 Afternoon Activities 1:00 Recycled Card Project Coffee and Cookies Dominoes	12 Beauty Shop Morning Activities 10:30 Devotions with Chaplain John 11:00 Exercise with Katie 11:30 Mind Aerobics Afternoon Activities 1:00 Rosary Group Coffee and Cookies Puzzle Hour	13 Morning Activities 10:30 Exercise with Katie 11:00 Country Sing Along Afternoon Activities 1:00 Kate's Musical Memories Coffee and Cookies Balloon Ball	14 Beauty Shop Morning Activities 10:30 Exercise with Katie 11:00 Flower Arranging Afternoon Activities 1:00 Devotions with Chaplain John Coffee and Cookies Parachute	15 Morning Activities Video Exercise Old Time Favorites Sing Along #2 Afternoon Activities Daniel O'Donnell DVD: <i>Rock 'N' Roll Show</i> Coffee and Cookies Friday Night Movie	16 Morning Activities Move & Groove Exercise RA's Choice Activity Afternoon Activities Melody Lane Sing Along: <i>Songs of Ireland</i> Coffee and Cookies Saturday Night Movie
17 Morning Activities 11:00 Church Service with Chaplain John Afternoon Activities Stars & Stripes Video Exercise Coffee and Cookies 6:30 Wheel of Fortune on CBS (Ch.5)	18 Morning Activities Move & Groove Exercise Sentimental Sing Along: <i>Love & Laughter</i> Afternoon Activities 1:00 Music for Life with Jane Coffee and Cookies Cards and Games	19 Beauty Shop Morning Activities 10:30 Devotions with Chaplain John 11:00 Exercise with Katie 11:30 Mind Aerobics Afternoon Activities 1:00 Rosary Group Coffee and Cookies Puzzle Hour	20 Morning Activities 10:30 Exercise with Katie 11:00 Finish the Phrase Afternoon Activities 1:00 OM Bell Choir Performance Coffee and Cookies Balloon Ball	21 Beauty Shop Morning Activities 10:30 Exercise with Katie 11:00 Its Never Too Late/ Virtual Reality Experience Afternoon Activities 1:00 Devotions with Chaplain John Coffee and Cookies Parachute	22 Morning Activities 10:30 Flower Arranging 11:00 Nail Care Afternoon Activities 1:00 Art Hour Coffee and Cookies Friday Night Movie	23 Morning Activities Move & Groove Exercise RA's Choice Activity Afternoon Activities Sing Along with Susie Q: <i>Praise and Joy</i> Coffee and Cookies Saturday Night Movie
24/31 Morning Activities 11:00 Church Service with Chaplain John Afternoon Activities Stars & Stripes Video Exercise Coffee and Cookies 6:30 Wheel of Fortune on CBS (Ch.5)	25 Morning Activities 10:30 Exercise with Katie 11:00 Old Time Favorites Sing Along #3 Afternoon Activities 1:00 Rosary Group Coffee and Cookies Dominoes	26 Beauty Shop Morning Activities 10:30 Devotions with Chaplain John 11:00 Exercise with Katie 11:30 Mind Aerobics Afternoon Activities 1:00 Sing Along with Scott Coffee and Cookies Puzzle Hour	27 Morning Activities 10:30 Exercise with Katie 11:00 Hymn Sing Along Afternoon Activities 1:00 Kate's Musical Memories Coffee and Cookies Balloon Ball	28 Beauty Shop Morning Activities Video Exercise Old Time Favorites Sing Along #4 Afternoon Activities 1:00 Devotions with Chaplain John Coffee and Cookies Parachute	29 Morning Activities Video Exercise 50's Favorite Sing Along Afternoon Activities Daniel O'Donnell DVD: <i>Back Home Again</i> Coffee and Cookies Friday Night Movie	30 Morning Activities Move & Groove Exercise RA's Choice Activity Afternoon Activities Sentimental Sing Along: <i>Ragtime & Romance</i> Coffee and Cookies Saturday Night Movie