



**MEALS
FROM THE
HEART.**

On **Tuesday, April 12 at 1:00 pm and 2:30 pm** in the Community Room, residents and staff are welcome to join in packing meals for a great cause! A group of 10 people can pack 2,000 meals in 30 minutes. **Our goal is to reach 8,000 pounds!**

Meals From The Heart's mission is to provide respectful meals to neighbors in need and accessible opportunities for those who wish to serve. They are a nonprofit that brings people together to serve their neighbors through energized and fun meal-packing events that provide flavorful, fortified meals to local food shelves.

Reaching our goal of 8,000 meals to give back to local food shelves does cost quite a bit of money. Any donations would be greatly appreciated. Donations can be made in cash or check (payable to "Meals from the Heart") and turned in at the Reception Desk.