

## May 2022 Newsletter

We will continue with our 6-week **Music Therapy Grief Group** on **Fridays at 10:30 am** in the Community Room. Each week, our facilitator Megan G. will help us work through the grief process and move toward healing. She incorporates music throughout the entire program. No need to sign up, all are welcome to come!

### "All Shook Up" at Hill Murray Theater

On **Friday, May 6 at 3:15 pm**, we will head over to Hill Murray for a free senior preview of their show "All Shook Up." The show begins at 4:00 pm and is about 2 hours with an intermission. Please call the Receptionist to sign up if you are interested in going!



### Cinco de Mayo Walking Tacos

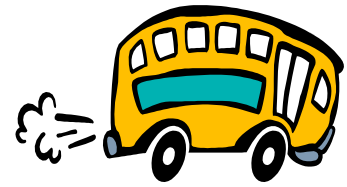


Join us for our annual Cinco de Mayo celebration on **Thursday, May 5 at 1:30 pm** in the Community Room for walking tacos! Walking tacos are Nacho Dorito Chips topped with ground beef, lettuce, cheese, sour cream and salsa. This year there may even be margaritas too! Be sure to wear your bright colors!

### May Entertainment

- **Wednesdays (5/11 & 5/25) at 1:00 pm-** Sing-Along with Susie Q (Channel 51)
  - **Monday, May 16 at 2:00 pm-** Skippin Stones (Guitar & Sing)
  - **Saturday, May 21 at 2:00 pm-** Joey Clark (Piano & Sing)  
"The Mamas of Musical Theatre"
  - **Monday, May 23 at 6:00 pm-** Sing for Life Spring Choir Concert
    - **Thursday, May 26 at 2:00 pm-** Randy Rolloff (Sing)
- All in person concerts will be in the Community Room.**

# Bus Trips & Other Information



## Scheduled Bus Trips

Tuesday the 3rd	The Dollar Tree	1:00 pm
Wednesday the 4th	Cub	1:00 pm
Friday the 6th	"All Shook Up" @ Hill Murray Theater (Senior Preview-Free!)	3:15 pm
Wednesday the 11th	Target: Woodbury	1:00 pm
Tuesday the 17th	Aldi	1:00 pm
Wednesday the 18th	HyVee	1:00 pm
Monday the 23rd	House of Wong	11:00 am
Tuesday the 24th	Wal-Mart	1:00 pm
Wednesday the 25th	Golden Prom @ Guardian Angels	11:00 am



### Golden Prom

Join us for a fun-filled afternoon of dining on Italian cuisine catered by Donatelli's and dancing to music by the Golden Tones. Please bring a non-perishable food item for our local food shelf. Space is limited— be sure to sign up with the Receptionist quickly if you would like to go! This event at Guardian Angels is **11:30 am-2:00 pm on Wednesday, May 25.**



### Bus Trips to Guardian Angels Mass

Our wonderful volunteer drivers bring tenants to Guardian Angels on **Saturdays at 4:00 pm** for Mass at 4:30 pm. The bus picks up at both the Pines and Ponds entrances. Please call the Receptionist to sign-up if you are interested in going to Mass. You may only sign up for one week at a time.

Covid Boosters for residents 50 years and older will be on **Thursday, May 12 9:00am-3:00pm**. Stop by the Reception Desk to fill out a form ahead of time if you are interested.

## More Information!

### Spiritual Life at Oak Meadows



Chaplain John will have **Bible Study** on **Mondays at 10:30 am**. The **Rosary Group** will meet on **Tuesdays at 6:30 pm**. **Devotional Prayer Ministry** on **Wednesdays at 10:30 am**. **Worship with Chaplain John** on **Sundays at 10:00 am**. **Fr. Joe from Guardian Angels** will be here for Mass the **1st Saturday of the month (5/7) at 10:30 am**. **\*\*Please check the calendar for locations\*\***



Calling those with May Birthdays! If your birthday is this month, you're invited to the Dining Room for a special lunch and dessert on **Thursday, May 19 at 12:00 pm**. Please watch for your invitation!

Bingo this month will be on **Monday, May 2 at 2:00 pm**. **Tenant Council Bingo** is on **Saturday, May 14 at 2:00 pm** (usually the 2nd Saturday of the month). Both will be in the Community Room.



### Golden Bells Practice

Our Bell Choir will meet on **Fridays, May 6 & 27 at 1:00 pm**, and is led by our wonderful volunteer, Janell. Both will meet in the Community Room.



### Oakdale Library & Technology Help



The Oakdale Library brings books for you to check out the **first Thursday of each month at 10:00 am** in the 1st Floor Ponds Coffee



Area. They answer any library related questions you may have. They also offer help with technology (tablets, iPads, etc.). Don't miss out on this free service!



8131 Fourth Street North  
Oakdale, MN 55128

### **White Bear Historical Society**

On **Thursday, May 19 at 2:00 pm** the White Bear Historical Society will be in the Community Room to talk about White Bear Lake and the Civil War. The “War Between the States” was felt across our young country and the White Bear area was no exception. Hear the tales of several veterans from our area and learn about our soldier’s monument on Clark Avenue.



### **MacPhail Sing for Life Choir**

We continue choir practices with our teaching artist Joey Clark this month. Practices are on **Thursdays, May 5, 12, 19 and 26 at 10:00 am** in the Community Room (except 5/12, Multipurpose).