

# January 2022 Oak Room Dining Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast: 8:00-9:30am  Lunch: 11:00-1:00pm  Dinner: 4:00-6:00pm						1 Cream of Wheat  Lunch Menu  Pepperoni Pizza or Sausage with a Caesar Salad and Breadstick
2 Continental Breakfast  Pot Roast Lunch  Stuffed Peppers or Beef Chili with Corn Bread	3 Pancakes  Lunch Menu  Pork and Sauerkraut or Chicken and Broccoli Casserole with Roasted Potatoes	4 Egg Scramble  Lunch Menu  Beef Stew or Chicken with Vegetables and a Dinner Roll	5 French Toast  Lunch Menu  Liver and Onions or Lemon Garlic Chicken with Bacon Brussels Sprouts and Mashed Potatoes	6 Chef's Choice  Lunch Menu  French Dip or Crispy Chicken Sandwich with Tater Tots	7 Belgian Waffles  Lunch Menu  Open Faced Roast Beef or Open Faced Turkey Sandwich with Roasted Cauliflower and Mashed Potatoes	8 Cream of Wheat  Lunch Menu  Baked Salmon or Baked Macaroni and Cheese with Rice and Roasted Green Beans
9 Continental Breakfast  Meatloaf Dinner  Sloppy Joes or Ranch Baked Chicken with French Fries	10 Pancakes  Lunch Menu  BBQ Chicken or Pork Sandwich with Chips and Potato Salad	11 Egg Scramble  Lunch Menu  Swedish Meatballs or Fried Chicken with Mashed Potatoes and Buttered Corn	12 French Toast  Lunch Menu  Shrimp or Chicken Alfredo with a Breadstick and a Caesar Salad	13 Chef's Choice  Lunch Menu  Tater Tot Hot Dish or Scalloped Chicken Hotdish with a Cheese Biscuit	14 Belgian Waffles  Lunch Menu  BBQ Ribs or Fire Braised Chicken with Baked Beans and Coleslaw	15 Cream of Wheat  Lunch Menu  Spaghetti with Meat Sauce or Chicken Parmesan with Breadstick and a Side Salad
16 Continental Breakfast  Pot Roast Lunch  Beef or Chicken Chow Mein with Steamed Rice and Pork Egg Roll	17 Pancakes  Lunch Menu  Hot Dog or Hamburger with French Fries or Tater Tots	18 Egg Scramble  Lunch Menu  Tilapia or Lemon Honey Chicken with Asparagus, Mashed Potatoes and Gravy	19 French Roast  Lunch Menu  Seasoned Chicken Wings or Homemade Chili with Cornbread	20 Chef's Choice  Lunch Menu  Philly Cheesesteak or Grilled 3 Cheese Sandwich with Steak Fries	21 Belgian Waffles  Lunch Menu  Broccoli and Ham Casserole or Cabbage Rolls with a Cheesy Breadstick	22 Cream of Wheat  Lunch Menu  Beef Stroganoff or Turkey Tetrazzini with a Dinner Roll
23 Continental Breakfast  Baked Ham Lunch  Chicken Wild Rice Casserole or Kielbasa with Peppers	24 Pancakes  Lunch Menu  Beer Battered Cod or Cheesy Chicken Noodle Skillet with Broccoli and Scalloped Potatoes	25 Egg Scramble  Lunch Menu  Country Fried Steak or Chicken Kiev with Baked Potato and Mixed Vegetables	26 French Toast  Lunch Menu  Shepherds Pie with Roasted Cauliflower and a Baked Potato	27 Chef's Choice  Lunch Menu  Smothered Pork Chops or Chicken Cordon Bleu with Candied Yams and Green Beans	28 Belgian Waffles  Lunch Menu  Baked Salmon or Chicken Noodle Skillet with Asparagus and a Baked Potato	29 Cream of Wheat  Lunch Menu  Open Faced Beef or Open Faced Turkey Sandwich with Cauliflower and Mashed Potatoes
30 Continental Breakfast  Meatloaf Lunch  Macaroni and Cheese with Ham or Beef Ravioli	31 Pancakes  Lunch Menu  Sausage and Cabbage Stew or Chicken Stew	*A la Carte Items Available Between Meal Times*  *Menu is Subject to Change*				