

November 2021 Woods (Memory Care) Dining Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Pancakes Fried Egg Sandwich Chicken Chow Mein with Rice & a Pork Egg Roll	2 Cheesy Scrambled Eggs Tuna Salad Sandwich with Soup Sausage and Cabbage or Dinner Roll	3 French Toast Zuppa Toscana with a Breadstick French Dip with Tater Tots	4 Biscuits & Gravy Cheeseburger with French Fries Roast Pork with Apples with Mashed Potatoes and Brussel Sprouts	5 Belgian Waffles BLT Sandwich with Fruit and Cottage Cheese Salmon or Rice and Roasted Green Beans	6 Cream of Wheat Cod Sandwich with Tater Tots Broccoli & Ham Casserole with Cheesy Breadstick
7 Eggs Your Way Egg Salad Sandwich with Cantaloupe Beef Tips with Mashed Potatoes & Cheesy Cauliflower	8 Pancakes Chicken Wrap with Potato Chips and Fruit Chicken with Vodka Sauce with Garlic Bread and Broccoli	9 Ham and Cheese Scramble Turkey Club on a Croissant with French Fries Spam Noodle Hotdish with a Cheese Biscuit	10 French Toast BBQ Pork on a Bun with Potato Salad Open Faced Turkey Sandwich with Mashed Potatoes and Corn	11 Denver Omelet Mixed Berry Salad with a Dinner Roll BBQ Ribs with Baked Beans and Coleslaw	12 Belgian Waffles Grilled Cheese with Bacon on Texas Toast with Tomato Soup and Red Grapes Chicken Alfredo with a Breadstick and Caesar Salad	13 Cream of Wheat Sweet & Sour Chicken with Rice and Egg Rolls Three Cheese Grilled Cheese with Steak Fries
14 Eggs Your Way Ham and Au Gratin Potatoes with Green Beans Cheeseburger with Potato Chips and Potato Salad	15 Pancakes Italian Pasta Salad with Garlic Texas Toast and Fruit Polish Sausage with Roasted Potatoes	16 Bacon Cheddar Scramble 1/2 Rueben with Mac & Cheese and Pears Scalloped Chicken Hotdish with a Cheese Biscuit	17 French Toast Tuna Pasta Salad with Fruit Salisbury Steak with Mashed Potatoes	18 Eggs Benedict Chicken Caesar Salad with a Breadstick Chicken Wild Rice Casserole with a Salad	19 Belgian Waffles Grilled Ham & Swiss Sandwich with Tater Tots Battered Cod with Broccoli and Scalloped Potatoes	20 Cream of Wheat Ranch Baked Chicken with Sweet Potato Fries and Pineapple Beef Stroganoff with a Dinner Roll
21 Eggs Your Way Caesar Salad Wrap Pulled Pork on a Bun with Waffle Fries	22 Pancakes Turkey Club on a Croissant with Potato Chips and Cantaloupe Corned Beef & Cabbage with Steamed Baby Reds and Zucchini	23 Everything Eggs Ham and Cheese Sliders with Waffle Fries Chicken Parmesan with a Breadstick and Salad	24 French Toast Chicken Tenders with BBQ Sauce, Cottage Cheese and Fruit Smothered Pork Chops with Candied Yams and Peas	25 <i>Thanksgiving</i> Ham & Cheese Omelets Thanksgiving Meal Boxed Dinner	26 Belgian Waffles Cod Sandwich with Potato Salad Tilapia with Mushroom Asparagus Risotto and Carrots	27 Cream of Wheat Meatball Sandwich with a Side Salad Sausage Pizza with a Garlic Breadstick
28 Eggs Your Way Pot Roast with Potatoes and Vegetables Chili with Cornbread	29 Pancakes BBQ Bacon Cheeseburger with French Fries Chicken Broccoli Hotdish with Roasted Potatoes	30 Cheesy Scrambled Eggs Grilled Chicken Sandwich with Cheesy Potatoes and Red Grapes Beef Stew with a Buttermilk Biscuit	Breakfast: 9:00 am Lunch: 12:00 pm Dinner: 5:00 pm			