

# November 2021 Oak Room Dining Menu

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|--|---|--|--|---|---|---|
|  | 1<br>Pancakes<br>Lunch Menu<br>Chicken Chow Mein with Rice & a Pork Egg Roll                              | 2<br>Cheesy Scrambled Eggs<br>Lunch Menu<br>Sausage and Cabbage or Chicken Stew with a Dinner Roll                 | 3<br>French Toast<br>Lunch Menu<br>French Dip or a Crispy Chicken Sandwich with Tater Tots                 | 4<br>Biscuits & Gravy<br>Lunch Menu<br>Roast Pork with Apples or Rotisserie Chicken with Mashed Potatoes and Brussel Sprouts. | 5<br>Belgian Waffles<br>Lunch Menu<br>Salmon or Baked Mac & cheese with Rice and Roasted Green Beans                      | 6<br>Cream of Wheat<br>Lunch Menu<br>Broccoli & Ham Casserole or Cabbage Rolls with Cheesy Breadstick.  |
| 7<br>Eggs Your Way<br>Egg Salad Sandwich with Cantaloupe<br>Beef Tips with Mashed Potatoes & Cheesy Cauliflower or Ranch Grilled Chicken with Sweet Potato Fries | 8<br>Pancakes<br>Lunch Menu<br>Chicken with Vodka Sauce or Sausage Alfredo with Garlic Bread and Broccoli | 9<br>Ham and Cheese Scramble<br>Lunch Menu<br>Oven Fried Chicken or Spam Noodle Hotdish with a Cheese Biscuit      | 10<br>French Toast<br>Lunch Menu<br>Open Faced Beef or Turkey Sandwich with Mashed Potatoes and Corn       | 11<br>Denver Omelet<br>Lunch Menu<br>BBQ Ribs or Fire Braised Chicken with Baked Beans and Coleslaw                           | 12<br>Belgian Waffles<br>Lunch Menu<br>Shrimp or Chicken Alfredo with a Breadstick and Caesar Salad                       | 13<br>Cream of Wheat<br>Lunch Menu<br>Philly Sandwiches or Three Cheese Grilled Cheese with Steak Fries |
| 14<br>Eggs Your Way<br>Ham and Au Gratin Potatoes with Green Beans<br>BBQ Chicken or Cheeseburger with Potato Chips and Potato Salad                             | 15<br>Pancakes<br>Lunch Menu<br>Polish Sausage or Baked Chicken with Roasted Potatoes                     | 16<br>Bacon Cheddar Scramble<br>Lunch Menu<br>Tater Tot Hotdish or Scalloped Chicken Hotdish with a Cheese Biscuit | 17<br>French Toast<br>Lunch Menu<br>Salisbury Steak or Parmesan Crusted Chicken with Mashed Potatoes       | 18<br>Eggs Benedict<br>Lunch Menu<br>Kielbasa with Peppers & Potatoes or Chicken Wild Rice Casserole with a Salad             | 19<br>Belgian Waffles<br>Lunch Menu<br>Battered Cod or Cheesy Chicken Noodle Skillet with Broccoli and Scalloped Potatoes | 20<br>Cream of Wheat<br>Lunch Menu<br>Turkey Tetrazzini or Beef Stroganoff with a Dinner Roll           |
| 21<br>Eggs Your Way<br>Caesar Salad Wrap<br>Pulled Pork or Beef & Cheddar on a Bun with Waffle Fries   | 22<br>Pancakes<br>Lunch Menu<br>Chicken Kiev or Corned Beef & Cabbage with Steamed Baby Reds and Zucchini | 23<br>Everything Eggs<br>Lunch Menu<br>Spaghetti with Meat Sauce or Chicken Parmesan with a Breadstick and Salad   | 24<br>French Toast<br>Lunch Menu<br>Smothered Pork Chops or Chicken Cordon Bleu with Candied Yams and Peas | 25 <i>Thanksgiving</i><br>Ham & Cheese Omelets<br>Thanksgiving Meal<br>Boxed Dinner   | 26<br>Belgian Waffles<br>Lunch Menu<br>Tilapia or Lemon Chicken with Mushroom Asparagus Risotto and Carrots               | 27<br>Cream of Wheat<br>Lunch Menu<br>Sausage Pizza or Chicken Caesar Salad with a Garlic Breadstick    |
| 28<br>Eggs Your Way<br>Pot Roast with Potatoes and Vegetables<br>Chili or Chicken Wings with Cornbread   | 29<br>Pancakes<br>Lunch Menu<br>Pork & Sauerkraut or Chicken Broccoli Hotdish with Roasted Potatoes       | 30<br>Cheesy Scrambled Eggs<br>Lunch Menu<br>Beef Stew or Pesto Chicken Penne with a Buttermilk Biscuit            | <b>Breakfast: 8:00-9:30 am</b><br><br><b>Lunch: 11:00 am-1:00 pm</b><br><br><b>Dinner: 4:00-6:00 pm</b>    |   |   |   |