

October 2021 Woods Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities are subject to change. Please check the T.V. in the Dining Room for updated information.</p>			<p>Breakfast– 9:00am Lunch– 12:00pm Dinner– 5:00pm</p>		<p>1 Morning Activities 10:30 Exercise with Katie 11:00 Flower Arranging Afternoon Activities 1:00 Nail Care 3:00 Coffee and Cookies Friday Night Movie</p>	<p>2 Morning Activities 10:30 Guardian Angels Mass with Father Joe (C) Video Exercise Afternoon Activities Sing Along with Susie Q: <u>America Sings</u> 3:00 Coffee and Cookies RA's Choice Activity</p>
<p>3 Morning Activities 10:00 Church Service with Chaplain John (C) Sentimental Sing Along: <u>Love and Laughter on DVD</u> Afternoon Activities Move and Groove Exercise DVD 3:00 Coffee and Cookies RA's Choice Activity</p>	<p>4 Morning Activities 10:30 Exercise with Katie 11:00 Finish the Line Afternoon Activities 1:00 Music for Life with Jane 3:00 Coffee and Cookies Ring Toss Daniel O'Donnell Concert on DVD</p>	<p>5 Morning Activities 10:30 Devotions with Chaplain John 11:00 Noodle Hockey Afternoon Activities 1:00 Rosary with Katie 3:00 Coffee and Cookies Cards and Games Golden Girls</p>	<p>6 Morning Activities 10:30 Exercise with Katie 11:00 50's Sing Along Afternoon Activities 1:00 Fall Craft 3:00 Coffee and Cookies Puzzle Hour</p>	<p>7 Morning Activities 10:30 Exercise with Katie 11:00 Its Never Too Late Afternoon Activities 1:00 Devotions with Chaplain John 3:00 Coffee and Cookies Parachute</p>	<p>8 Morning Activities 10:30 Exercise with Katie 11:00 Flower Arranging Afternoon Activities 1:00 Nail Care 3:00 Coffee and Cookies Friday Night Movie</p>	<p>9 Morning Activities Video Exercise "America Says" on Game Show Network Afternoon Activities Sing Along with Susie Q: <u>In the Mood</u> 3:00 Coffee and Cookies RA's Choice Activity</p>
<p>10 Morning Activities 10:00 Church Service with Chaplain John (C) Melody Lane Sing Along: <u>Songs of Ireland on DVD</u> Afternoon Activities Move and Groove Exercise DVD 3:00 Coffee and Cookies RA's Choice Activity</p>	<p>11 Morning Activities 10:30 Exercise with Katie 11:00 Finish the Lyrics Afternoon Activities 1:30 Kate's Musical Memories 3:00 Coffee and Cookies Ring Toss Oak Ridge Boys Concert on DVD</p>	<p>12 Morning Activities 10:30 Devotions with Chaplain John 11:00 Noodle Hockey Afternoon Activities 1:00 Rosary with Katie 3:00 Coffee and Cookies Cards and Games Golden Girls</p>	<p>13 Morning Activities 10:00 Exercise with Katie 11:00 Old Time Favorites Sing Along Afternoon Activities 1:00 Live! Sing Along with Susie Q on Ch.51 3:00 Coffee and Cookies Puzzle Hour</p>	<p>14 Morning Activities 10:30 Exercise with Katie 11:00 Its Never Too Late Afternoon Activities 1:15 Devotions with Chaplain John 2:00 Randy Rolloff Concert (C) 3:00 Coffee and Cookies Parachute</p>	<p>15 Morning Activities 10:30 Exercise with Katie 11:00 Flower Arranging Afternoon Activities 1:00 Nail Care 3:00 Coffee and Cookies Friday Night Movie</p>	<p>16 Morning Activities Video Exercise "America Says" on Game Show Network Afternoon Activities Sing Along with Susie Q: <u>Praise and Joy</u> 3:00 Coffee and Cookies RA's Choice Activity</p>
<p>17 Morning Activities 10:00 Church Service with Chaplain John (C) Sentimental Sing Along: <u>Romance & Ragtime on DVD</u> Afternoon Activities Move and Groove Exercise DVD 3:00 Coffee and Cookies RA's Choice Activity</p>	<p>18 Morning Activities 10:30 Exercise with Katie 11:00 Finish the Line Afternoon Activities 1:00 Music for Life with Jane 3:00 Coffee and Cookies Ring Toss Daniel O'Donnell Concert on DVD</p>	<p>19 Morning Activities 10:30 Devotions with Chaplain John 11:00 Noodle Hockey Afternoon Activities 1:00 Rosary with Katie 3:00 Coffee and Cookies Cards and Games Golden Girls</p>	<p>20 Morning Activities 10:30 Exercise with Katie 11:00 Old Time Favorites Sing Along Afternoon Activities 1:00 Halloween Bracelet 3:00 Coffee and Cookies Puzzle Hour</p>	<p>21 Morning Activities 10:30 Exercise with Katie 11:00 Its Never Too Late Afternoon Activities 1:00 Devotions with Chaplain John 3:00 Coffee and Cookies Parachute</p>	<p>22 Morning Activities 10:30 Exercise with Katie 11:00 Flower Arranging Afternoon Activities 1:00 Nail Care 3:00 Coffee and Cookies Friday Night Movie</p>	<p>23 Morning Activities Video Exercise "America Says" on Game Show Network Afternoon Activities Sing Along with Susie Q: <u>50's Fun</u> 3:00 Coffee and Cookies RA's Choice Activity</p>
<p>24/31 Morning Activities 10:00 Church Service with Chaplain John (C) Melody Lane Sing Along: <u>Songs of the Heart on DVD</u> Afternoon Activities Move and Groove Exercise DVD 3:00 Coffee and Cookies RA's Choice Activity</p>	<p>25 Morning Activities Flu Shot Clinic Video Exercise Afternoon Activities 1:00 Sing Along with Scott 3:00 Coffee and Cookies Ring Toss Daniel O' Donnell Concert on DVD</p>	<p>26 Morning Activities 10:30 Devotions with Chaplain John 11:00 Noodle Hockey Afternoon Activities 1:00 Rosary with Katie 3:00 Coffee and Cookies Cards and Games Golden Girls</p>	<p>27 Morning Activities 10:30 Exercise with Katie 11:00 Old Time Favorites Sing Along Afternoon Activities 1:00 Live! Sing Along with Susie Q on Ch.51 3:00 Coffee and Cookies Puzzle Hour</p>	<p>28 Morning Activities 10:30 Exercise with Katie 11:00 Its Never Too Late Afternoon Activities 1:00 Devotions with Chaplain John 3:00 Coffee and Cookies Parachute</p>	<p>29 Morning Activities 10:30 Exercise with Katie 11:00 Flower Arranging Afternoon Activities 1:00 Nail Care 3:00 Coffee and Cookies Friday Night Movie</p>	<p>30 Morning Activities Video Exercise "America Says" on Game Show Network Afternoon Activities Sing Along with Susie Q: <u>Grandma's Parlor</u> 3:00 Coffee and Cookies RA's Choice Activity</p>