

May 2021 Newsletter

Mother's Day Celebrations with Pati Kachel

On **Saturday, May 8 at 2:30 pm** in the Community Room, Pati will present "Bloom Where You're Planted." She will cultivate contentment in your life with the help of the Divine Gardener. Pati will also share biblical principles to joyfully grow and flourish in your life. Please keep this event to tenants only at this time.



It's Time to Plant Flowers! We have a wonderful gardening program that involves tenants planting flowers and watching them grow throughout the season. We will continue to plant in the raised garden beds at each entrance. Join us on **Tuesday, May 25 at 1:00 pm** at the Pines entrance, then head to Ponds entrance at **1:45 pm**. Don't miss this wonderful event!



May IN PERSON Concerts

This month, we will continue to have musicians perform for us in the Community Room!

- **Thursday, May 20 at 2:00 pm**– Bandanahhh! (Guitar & Sing)
- **Monday, May 24 at 7:00 pm**– The Squires Band (Band & Sing)
- **Thursday, May 27 at 2:00 pm**– Nate Hance (Piano & Sing)

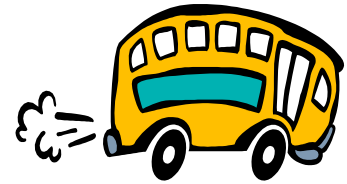
We hope you join us for LIVE music!



Tenant Council meets the **2nd Monday of the month (5/10) at 2:00 pm** in the Community Room. Please see the upcoming agenda that will be passed out for more information. All tenants are welcome!



Bus Trips & Other Information



Scheduled Bus Trips

Tuesday the 11th	The Dollar Tree	1:00 pm
Wednesday the 12th	Cub	1:00 pm
Tuesday the 18th	Aldi	1:00 pm
Wednesday the 19th	Target: Woodbury	1:00 pm
Wednesday the 26th	Wal-Mart	1:00 pm

Bus Trips are back! Beginning this month, we will start back in with our weekly bus trips. Above is the list of the trips for the month. You will need to sign up with the Receptionist for every trip. The bus will pick up at both the Pines and Ponds entrances. Our driver will drop you off at the store and be around the store if you have questions. There may be times where a volunteer is able to help out on a trip too. Most trips we are back home in about 2 hours. Please see Megan with any questions!



Guardian Angels Bus Trips

Our wonderful volunteer drivers are back and able to bring tenants to Guardian Angels for **Saturday** evening Mass at 4:30 pm. The bus leaves Oak Meadows at **4:00 pm**, and picks up at both the Pines and Ponds entrances. Please call the Receptionist to sign-up if you are interested in going to Mass. You may only sign up for one week at a time.

We offer 3 exercise classes in person and 1 class on Channel 51 a week. **Mondays at 10:00 am**, Exercise with Jordan, **Wednesdays at 10:00 am**, Exercise with Megan and Drumming with Megan will alternate and **Fridays at 10:00 am**, Exercise with Anna. All classes are higher intensity and use exercise balls and weights. Finally, **Saturdays at 10:00 am** will be on Channel 51 and will be Megan's regular exercise program. Saturday will be the only day that exercise will be on Channel 51. All classes meet in the Multipurpose Room.



More Information!



Spiritual Life at Oak Meadows

Chaplain John will have **Bible Study** on **Mondays at 10:30 am (except 5/31)**. **Devotional Prayer Ministry** on **Wednesdays at 10:30 am (except 5/5)**. **Worship with Chaplain John** on **Sundays at 10:00 am**. **Guardian Angels Mass** will be the **first Wednesday of the month (5/5) at 10:30 am** on Channel 51. The **Rosary Group** will meet in person on **Tuesdays at 6:30 pm**, in the Community Room but will also continue to be on Channel 51.

****All events will be in the Community Room****



National Day of Prayer Service

The National Day of Prayer is an annual day of observance held on the first Thursday of May, designated by the United States Congress, when people are asked "to turn to God in prayer and meditation". On **Thursday, May 6 at 10:00 am**, Chaplain John will hold a service for all to join together in prayer.



Music opportunities on Channel 51 in May:

- **Live Sing-alongs with Susie Q** on **Wednesdays at 1:00 pm**.
- **Sing for Life Choir Practice** with Lou Ann Henderson from MacPhail on **Saturdays at 1:00 pm (except 5/8, 5/7 instead)**.
 - **MacPhail Center for Music Music for Life** with Deb McTaggart on **Thursdays, May 13 & 27 at 10:00 am**.
- **Sing-Along with Susie Q: America Sings, Monday, May 31.**



current events

Are you interested in talking about current events with others? On **Tuesdays at 10:30 am**, we will get together in the Community Room and talk about things that are going on in the world. We will also do "This Day in History" to discuss past historical events.

We hope to see you there!



8131 Fourth Street North
Oakdale, MN 55128



Continuing this month our Movie Theater will be open to watch movies! Each weekend, movies will be shown on **Saturdays at 6:30 pm** and **Sundays at 1:30 pm**. If you have any ideas as to a movie you would like to see, let Megan know!

Bingo will be on **Mondays, May 3 and 24 at 2:00 pm** in the Community Room! No need to sign up.



Walking Group will start up for the year on **Thursday, May 20 at 10:00 am**. The group will meet on Thursdays in the Ponds Lobby and walk towards Guardian Angels on the path. This will be a great opportunity to walk with friends!

Calling those with May Birthdays! If your birthday is in May, you are invited to the Dining Room for a special lunch and dessert on **Thursday, May 13 at 12:00 pm**. Please watch for your invitation!

