



January 2021-Woods Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1 New Years Day Morning Activities Video Exercise Daniel O'Donnell Concert DVD Afternoon Activities Puzzle Hour 3:00 Coffee and Cookies Evening Movie	2 Morning Activities Video Exercise Susie Q Sing Along on DVD: Happy Days Afternoon Activities Coloring Hour 3:00 Coffee and Cookies Evening Movie	
3 Morning Activities Video Exercise Hymn Sing Along Afternoon Activities I Love Lucy 3:00 Coffee and Cookies Puzzle Hour	4 Morning Activities 10:00 Exercise with Katie 10:30 Sing Along Afternoon Activities 1:00 Painting Activity 3:00 Coffee and Cookies 6:00 PBS Special: The First Silent Night on Ch.51	5 Morning Activities 10:00 Devotions with Chaplain John 10:30 Exercise with Katie Afternoon Activities 1:00 Mind Aerobics 3:00 Coffee and Cookies Cards and Games	6 Morning Activities 10:30 Guardian Angels Mass on Ch.51 11:00 Exercise with Katie Afternoon Activities 1:00 Live Sing Along with Susie Q on Ch.51 3:00 Coffee and Cookies HHA's Choice Activity	7 Morning Activities 10:30 Flower Arranging Afternoon Activities 1:00 Devotions with Chaplain John 3:00 Coffee and Cookies 6:00 PBS Special: Faces of America on Ch.51	8 Morning Activities 10:00 Exercise with Katie 10:30 Nail Care Afternoon Activities 1:00 East Ridge High School Choir Performance on Ch.51 1:15 Piano Music with Tom Janochoski (Sound Only!) on Ch.51 Evening Movie	9 Morning Activities Video Exercise Sing Along with Georgina Rae on DVD Afternoon Activities 1:00 MacPhail Sing for Life w/ LouAnn Henderson on Ch.51 3:00 Coffee and Cookies Evening Movie	
10 Morning Activities Video Exercise Daniel O'Donnell Concert Afternoon Activities Golden Girls 3:00 Coffee and Cookies Puzzle Hour	11 Morning Activities 10:00 Exercise with Katie 10:30 Sing Along Afternoon Activities 1:00 Activity with Katie 3:00 Coffee and Cookies 6:00 PBS Special: The Queen's Garden on Ch.51	12 Morning Activities 10:00 Devotions with Chaplain John 10:30 Mind Aerobics Afternoon Activities 1:00 Mind Aerobics 3:00 Coffee and Cookies Cards and Games	13 Morning Activities 10:30 Church Service with Chaplain John on Ch.51 11:00 Exercise with Katie Afternoon Activities Daniel O'Donnell Concert on DVD 3:00 Coffee and Cookies HHA's Choice Activity	14 Morning Activities 10:30 Flower Arranging Afternoon Activities 1:00 Devotions with Chaplain John 3:00 Coffee and Cookies 6:00 PBS Special: The Best of the World's Greatest on Ch.51	15 Morning Activities 10:00 Exercise with Katie 10:30 Nail Care Afternoon Activities 1:00 East Ridge High School Choir Performance on Ch.51 1:15 MacPhail Music for Life with Deb McTaggart on Ch.51 3:00 Coffee and Cookies Evening Movie	16 Morning Activities Video Exercise Sentimental Sing Along on DVD Afternoon Activities 1:00 MacPhail Sing for Life w/ LouAnn Henderson on Ch.51 3:00 Coffee and Cookies Evening Movie	
17 Morning Activities Video Exercise Daniel O'Donnell Concert Afternoon Activities Golden Girls 3:00 Coffee and Cookies Puzzle Hour	18 Martin Luther King Jr. Day Morning Activities 10:00 Exercise with Katie 10:30 Sing Along Afternoon Activities 1:00 Activity with Katie 3:00 Coffee and Cookies 6:00 PBS Special: Martin Luther King Jr.: I Have a Dream on Ch.51	19 Morning Activities 10:00 Devotions with Chaplain John 10:30 Mind Aerobics Afternoon Activities 1:00 Mind Aerobics 3:00 Coffee and Cookies Cards and Games	20 Morning Activities 10:30 Church Service with Chaplain John on Ch.51 11:00 Exercise with Katie Afternoon Activities 2:15 Live Sing Along with Susie Q on Ch.51 3:00 Coffee and Cookies HHA's Choice Activity	21 Morning Activities 10:30 Flower Arranging Afternoon Activities 1:00 Devotions with Chaplain John 3:00 Coffee and Cookies 6:00 PBS Special: Streamliners: America's Lost Trains on Ch.51	22 Morning Activities 10:00 Exercise with Katie 10:30 Nail Care Afternoon Activities 1:00 East Ridge High School Choir Performance on Ch.51 1:15 Dan Newton Accordion Concert on Ch.51 3:00 Coffee and Cookies Evening Movie	23 Morning Activities Video Exercise Daniel O'Donnell Concert on DVD Afternoon Activities 1:00 MacPhail Sing for Life w/ LouAnn Henderson on Ch.51 3:00 Coffee and Cookies Evening Movie	
24 Morning Activities Video Exercise Daniel O'Donnell Concert Afternoon Activities Golden Girls 3:00 Coffee and Cookies Puzzle Hour	25 Morning Activities 10:00 Exercise with Katie 10:30 Sing Along Afternoon Activities 1:00 Activity with Katie 3:00 Coffee and Cookies 6:00 PBS Special: Life on the Reef on Ch.51	26 Morning Activities 10:00 Devotions with Chaplain John 10:30 Mind Aerobics Afternoon Activities 1:00 Mind Aerobics 3:00 Coffee and Cookies Cards and Games	27 Morning Activities 10:30 Church Service with Chaplain John on Ch.51 11:00 Exercise with Katie Afternoon Activities Daniel O'Donnell Concert on DVD 3:00 Coffee and Cookies HHA's Choice Activity	28 Morning Activities 10:30 Flower Arranging Afternoon Activities 1:00 Devotions with Chaplain John 3:00 Coffee and Cookies 6:00 Evening Movie: Anne of Green Gables on Ch.51	29 Morning Activities 10:00 Exercise with Katie 10:30 Nail Care Afternoon Activities 1:00 East Ridge High School Choir Performance on Ch.51 1:15 MacPhail Music for Life with Deb McTaggart on Ch.51 3:00 Coffee and Cookies Evening Movie	30 Morning Activities Video Exercise Sing Along with Georgina Rae on DVD Afternoon Activities 1:00 MacPhail Sing for Life w/ LouAnn Henderson on Ch.51 3:00 Coffee and Cookies Evening Movie	
31 Morning Activities Video Exercise Daniel O'Donnell Concert Afternoon Activities Golden Girls 3:00 Coffee and Cookies Puzzle Hour			Breakfast: 9:00 Lunch: 12:00 Dinner: 5:00				Activities are subject to change. Please check the T.V. in the Dining Room for updated information.