

**ARE YOU IN?    by Joan, Tenant**

**April 18**

"If you can't get out of it, get into it".    Author?    Someone wiser than me.

As I think back to March I remember how totally unprepared I was to being told, "whatever is on your agenda this week, whatever appointments are marked on your calendar, forget it!    Cancel everything! "    It took a few days of alarming media alerts for me to accept the seriousness of what people were referring to as a "Pandemic".    Still somewhat resistant, I called and canceled a birthday party and several luncheon dates!    It was doubly painful, as I was just returning to society after two weeks with the flu which had forced me into seclusion, to emerge with this huge buildup of pent-up expectation, only to be jolted into another lockdown!

That was five weeks ago!!!    What seemed like an eternity at first, forced me to break "eternity" down into "daily portions" that my brain could digest...like, "how do you eat an elephant?    Now, this morning, after hundreds of texts, phone calls and a vibrant internet social life I sit here amazed at the capacity of the human spirit when tested beyond, what I thought were my limits, to discover God knows better.    I'm the one who limits myself by giving up too soon. Living this experience has given me a profound respect for those who have gone before me, who are able to keep me moving forward, especially when I begin to feel sorry for myself.    It is so easy to become discouraged.

"The only way out is through it". I haven't a clue who gave that gem to us, but I suspect we are going to find the truth in it as we begin to ponder our way through to what is being called "the New Normal".

Are you in?

Your neighbor,