

## June 2020 Newsletter

A very special **THANK YOU** to family, friends and strangers for everything you have done for staff and tenants during this tough time! We are so grateful for your donations, including goodies, pictures, hand written/painted cards for each tenant, the list could go on! Also, thank you for thinking of us with money donations which gives us the opportunity to offer fun "hallway parties." Whether it be pizza, walking tacos, ice cream, hot dogs, hamburgers, or root beer floats for the entire building, we are still trying to have as much fun as we can! We couldn't do any of this without you!



We are happy to say that we are still illness free at Oak Meadows. All of our staff are working hard to keep it that way! Right now each day brings us new news and changes. We understand that it is not easy to practice social distancing. Everything we are being told by the experts is that the only way to stop the spread of this virus is to social distance, and stay home if you are sick. We must do our part to stop COVID-19. Please continue to check Deb's weekly updates that are passed out to your black bags.

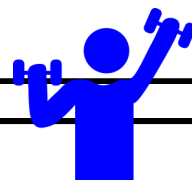
Continuing this month, the Show Choir students at East Ridge High School in Woodbury send songs and words of encouragement for us to enjoy each week. We are so grateful for them to be thinking about us. The students are all so talented with beautiful voices and have such instrumental talent. Tune to channel 51 on your TVs on **Wednesdays at 1:45 pm** to continue to enjoy their beautiful music!



## Other Information

### Meals from our Dining Room

Ponds tenants can order meals to be delivered to their apartments. All meals will be the same and will cost \$5.50 each during this sheltering in place time. You must call the Reception Desk the day before to arrange for delivery. Breakfast will be delivered between 8:00 am–9:00 am, lunch between noon-1:00 pm and dinner between 5:00 pm-6:00 pm. Pines tenants meals included and will be delivered first.



### Exercise at 9:30 am on Channel 51

On Mondays, Wednesdays, Fridays and Sundays, Megan will lead exercise for you to do in your apartments. Then, on Tuesdays, Thursday and Saturdays, Jordan will do the same! If you need any weights (1 or 2 lbs.) or an exercise ball, please let Megan know and she will bring them to your apartment.

### Black Cloth Bags

In an effort to try and bring some joy to you all each day, we will continue with the black cloth bags that hang on your apartment doors. Please be sure to check them everyday! Your mail, announcements and other little goodies will be dropped in them throughout the week.



Don't forget to watch channel 2 on your televisions to continue to stay up to date daily on what is going on at Oak Meadows.



## More Information!



Masks at Oak Meadows: All tenants must wear the masks that we have provided anytime they step out of their apartments for anything. We continue to discourage visitors but anyone who comes into the building absolutely must have a mask on. We do not have enough masks to provide for outside guest, so they must have their own masks or they will be asked to leave. Thank you for your cooperation during this time!

Chaplain Carol will have a Hymn Sing on **Thursday, June 18 at 6:00 pm** on Channel 51. She will play your favorite hymns on the piano and sing.

### Items from our Store

During this time, our store has been able to start carrying limited amounts of 1/2 gallons of milk, eggs, bread and toiletries if you are in need. Please call the Receptionist if you need any of these items and a staff member will deliver it to you!



### Spiritual Services on Channel 51

- **Tuesdays at 1:30 pm**, Devotions with Chaplain Carol
  - **Tuesdays at 6:30 pm**, Rosary Group
- **Wednesdays at 10:30 am**, Church Service. The 1st Wednesday of the month is Guardian Angels Mass and the other remaining Wednesdays are Chaplain Carol's Worship Services.





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### **Other fun on Channel 51....**

- **Broadway Mondays at 1:00 pm**, each week we will show an actual Broadway show. Please let Megan know if you have any requests of shows you would like to see!
  - On **Mondays and Thursdays at 6:00 pm**, we will show concerts, movies, scenic drives or railroad journeys throughout the country.
  - **Thursdays at 1:00 pm**, we will have a sing-along or music therapy from MacPhail Center for Music.

**Please check your calendar for daily activities.**