

March 2020 Special Events



Gayle and Connie from Dimensions Studio will be here to host an Easter craft session on **Thursday, March 19 at 10:00 am** in the Multipurpose Room. They will bring everything you need to personalize your "make and take" bunny wreaths. You will be able to pick your own colors to accessorize your wreath. No need to sign up. We hope to see you for this creative fun-filled morning!

St. Patrick's Day Party

Join us on **Tuesday, March 17 at 2:00 pm** in the Dining Room for our St. Patrick's Day party! This year we will enjoy snacks and a special St. Patrick's Day drink. Music will be from Scott Beaumont. There may even be some fun games to play! Be sure to wear your green and white to get into the St. Patrick's Day spirit!



Entertainment this month:



- **Tuesday, March 10**, Piano w/ Mina
 - **Thursday, March 12**, Dan Newton (Accordion)
 - **Thursday, March 19**, Senior Saxes (Saxophone)
 - **Wednesday, March 25**, Sheltered Reality (Drums)
 - **Thursday, March 26**, Bandanahhh! (Guitar)
 - **Sunday, March 29**, East Metro Symphony Orchestra (Piano, String Bass and Percussion)
 - **Monday, March 30**, The Squires (Drums, Saxophone & Accordion)
- Please check the calendar for times and locations.

Join us on **Wednesday, March 11 at 2:00 pm** in the Community Room for an **Irish Sing-Along** to get us in the St. Patrick's spirit!



Bus Trips & Other Information



Signing up for Guardian Angels Bus Trips

Each week our wonderful volunteer drivers bring tenants to Guardian Angels for **Saturday** evening Mass at 4:30 pm. The bus leaves Oak Meadows at **4:00 pm**, and picks up at both the Pines and Ponds entrances. Please call the Receptionist to sign-up if you are interested in going to Mass.

Guardian Angels Fish Fry's



Join us on **Fridays, March 6 & 20 at 3:00 pm** for a Fish Fry at Guardian Angels. The Fish Fry is all you can eat (\$13) & includes Fish (fried or baked), coleslaw, red potatoes, mac & cheese, green beans, dessert and a beverage! You must sign up and pay the Receptionist by **Thursday, March 5**.

Tuesday the 3rd	Primary Voting @ Guardian Angels	10:00 am
Wednesday the 4th	Cub	1:00 pm
Friday the 6th	Guardian Angels Fish Fry	3:00 pm
Tuesday the 10th	Target: Woodbury	10:00 am
Wednesday the 18th	HyVee	1:00 pm
Friday the 20th	Guardian Angels Fish Fry	3:00 pm
Tuesday the 24th	The Dollar Tree	1:00 pm
Wednesday the 25th	Wal-Mart	1:00 pm
Tuesday the 31st	Hobby Lobby	1:00 pm

Attendance has been very low for Tuesday morning bus trips. We will go back to the usual 1:00 pm trips, with some exceptions!



Spiritual Services & Other Activities

****Worship Services** are usually held every **Wednesday** at **10:30 am** in the Community Room. The **1st Wednesday** of each month is a Catholic Mass led by Fr. Rodger from Guardian Angels Church.

The remaining Wednesday worship services are open to everyone, whether Protestant, Catholic or non-denominational. This is a time to gather with others of faith to renew our spirits and worship the One God who makes no distinctions and who loves us all unconditionally.

****Bible Study** on Mondays at **10:30 am** in the **Community Room**.

****Devotions** on Tuesdays at **1:30 pm** in the **Community Room**.

Rosary Group on Tuesdays at **6:30 pm** in the **Community Room**.

****Prayer Group** on Fridays at **10:30 am** in the **Community Room**.



Golden Bells Bell Choir



On **Fridays, March 6 and 20 at 1:30**, there will be Golden Bells practice in the Community Room. No experience necessary and all are welcome to join in on the fun!

MacPhail Sing for Life Choir



We are so excited to continue with this wonderful opportunity from MacPhail Center for Music! Our practices will be on **Tuesdays, March 3, 17, 24 and 31 at 10:00 am** in the Community Room with teaching artist Lou Ann Henderson.

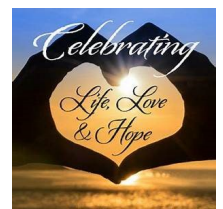
Bingo Events this month:



- **Saturday, March 14**, Tenant Council
- **Sunday, March 15**, Tartan NHS Students
- **Monday, March 16**, Hyvee

All Bingo events will be at 2:00 pm in the Community Room.

Join us on **Monday, March 30 at 2:00 pm** in the Community Room for a Celebrating Lives Service. This will be a special service for tenants and staff to spend time together remembering the tenants we have lost.



MONDAY, APRIL 13, FREE Dinner and talk on Dementia/Alzheimer's

Call or email to RSVP by April 8th at noon.

Acclaimed international dementia expert, **Lori La Bey**, of Alzheimer's Speaks, will be speaking at Oak Meadows.

Her presentation will look at the real-life stigmas associated with dementia and what we can do as individuals to make a difference in a positive light. We look at simple everyday situations and give you tips and tools to understand the world in which a person with dementia lives.

www.AlzheimersSpeaks.com

Lori has been recognized by Maria Shriver, Dr. Oz and Oprah for her innovative ideas on dementia.



6:00-6:30pm — A FREE dinner will be served
6:30-7:30pm — Lori La Bey will speak

National Pi (Pie) Day



Saturday, March 14 is National Pi Day as it relates to the symbol used in mathematics that represents a constant—the ratio of the circumference of a circle to its diameter— which is approximately 3.14. In honor of that, we are going to celebrate by having different types of pies on **Friday, March 13 at 2:30 pm** in the Community Room.



Please Welcome our new Housekeeping Company EMD Commercial Cleaning, located here in Oakdale. The 3 employees working at OM are Juan, Francisca and Ingrid. They speak minimal English so below are some helpful words you can use when communicating your needs with them.

Hola/Adiós (Hello/Goodbye)

Por favor/Gracias (Please/Thank you)

Me gusta/No me gusta (I like/I don't like)

Lo siento (I'm sorry)

Necesito/Quiero (I need/want)

Gato/Perro (Cat/Dog)

Pequeño/Grande (Little/Big)

Bien/Mal (Well/Badly)

If you have any questions, just let me know! -Deb Veit