



# Available Services

## Things to Know About the Beauty Shop/Barber Shop:

- **Beauty Shop** days with Bonnie & Carole are Tuesdays and Thursdays.
- **Barber Shop** day with Gary is the 3rd Monday of each month, unless otherwise noted.



Cathy Birkeland offers sewing and alteration services. She will pick up & deliver your items. Her phone number is (651)777-5350.

Mark Fawcett, owner of Mac Men, LLC is available for computer/tablet and cell phone issues. Mark will come to your apartment. Please call him at (612)345-8005 to schedule an appointment.

**Connie Miller, RN will provide foot care at an affordable price to you in your apartment! To receive her services, call her at (651) 492-4452 to schedule an appointment.**

**Affordable Foot Care with Mary Adrian, RN:** If you would like to receive her services, call her at (651) 442-8082 to schedule an appointment. She will come to your apartment.

**Renew & Recover Massages.** If you would like to receive this service, please contact Aaron at (651)260-3378 to schedule an appointment for a massage.

**Jerry Zhou from Hearing of America** offers monthly visits to service hearing aids and replace batteries the **4th Thursday** of every month (unless otherwise noted) at **1:00 pm in the Multipurpose Room**. If you have any questions, you can contact him at (651)528-7868.

**Traci Alvarado offers Nail Care at Oak Meadows. She will polish and file, but cannot trim fingernails. The cost will be \$10.00. There will be nail polish available to choose from. Please call Traci at (651)492-4157 to schedule your appointment.**