

# January 2019-Woods (Memory Care) Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>9:00 Breakfast</b> <b>11:15 Snack</b> <b>12:00 Lunch</b> <b>3:00 Coffee Hour</b> <b>5:00 Dinner</b></p> 		<p><b>1 New Years Day Morning Activities</b> Video Exercise Sing-Along w/ CD #1 <b>Afternoon Activities</b> Irish Sing Along DVD 3:00 Coffee and Cookies 6:30 Wheel of Fortune</p>	<p><b>2 Morning Activities</b> 10:30 GA Mass (C) 11:15 Hymn Sing-Along <b>Afternoon Activities</b> 1:30 Music Bingo 3:00 Coffee and Cookies Parachute</p>	<p><b>3 Beauty Shop Morning Activities</b> 10:00 Flower Arranging Puzzles and Popcorn <b>Afternoon Activities</b> 1:00 Devotions with Glenda 3:00 Coffee and Cookies 6:00 Visit with the Therapy Dogs</p>	<p><b>4 Morning Activities</b> 10:00 Morning Stretch with Katie 10:30 Mind Aerobics 11:00 I Love Lucy <b>Afternoon Activities</b> 1:00 Nail Care 3:00 Coffee and Cookies Movie Night</p>	<p><b>5 Morning Activities</b> Chair Yoga HHA's Choice Activity <b>Afternoon Activities</b> Sing-Along w/CD #2 3:00 Coffee and Cookies Puzzle Hour Movie Night</p>
<p><b>6 Morning Activities</b> Video Exercise Country Sing-Along <b>Afternoon Activities</b> HHA's Choice Activity 3:00 Coffee and Cookies Daniel O'Donnell Rock "n" Roll Concert DVD</p>	<p><b>7 Morning Activities</b> 10:00 Morning Stretch with Katie 10:30 Sing Along w/ CD #3 <b>Afternoon Activities</b> 1:00 Music for Life 3:00 Coffee and Cookies Activity Boxes</p>	<p><b>8 Beauty Shop Morning Activities</b> 10:00 Devotions with Chaplain Carol 10:30 Noodle Hockey 11:00 50's Favorites Sing-Along <b>Afternoon Activities</b> 1:00 Sing-Along with Scott 3:00 Coffee and Cookies 6:30 Wheel of Fortune</p>	<p><b>9 Morning Activities</b> 10:30 Church Service (C) 11:15 Daniel O' Donnell Songs of Faith DVD <b>Afternoon Activities</b> 1:30 Activity with ABI 3:00 Coffee and Cookies Parachute</p>	<p><b>10 Beauty Shop Morning Activities</b> 10:00 Flower Arranging Puzzles and Popcorn <b>Afternoon Activities</b> 1:00 Devotions with Chaplain Carol 3:00 Coffee and Cookies Cards and Game Night</p>	<p><b>11 Morning Activities</b> 10:00 Morning Stretch with Katie 10:30 Mind Aerobics 11:00 Golden Girls <b>Afternoon Activities</b> 1:00 Nail Care 3:00 Coffee and Cookies Movie Night</p>	<p><b>12 Morning Activities</b> Chair Yoga Sing-Along w/ CD#4 <b>Afternoon Activities</b> HHA's Choice Activity 3:00 Coffee and Cookies Coloring Club Movie Night</p>
<p><b>13 Morning Activities</b> Hymn Sing-Along HHA's Choice Activity <b>Afternoon Activities</b> Video Exercise 3:00 Coffee and Cookies Oak Ridge Boys Concert DVD</p>	<p><b>14 Morning Activities</b> 10:00 Morning Stretch with Katie 10:30 Sing Along w/ CD #1 <b>Afternoon Activities</b> 1:00 Rosary 3:00 Coffee and Cookies Activity Boxes</p>	<p><b>15 Beauty Shop Morning Activities</b> 10:00 Devotions w/ Chaplain Carol 10:30 Noodle Hockey 11:00 Country Sing-Along <b>Afternoon Activities</b> 2:00 Freddie the Miniature Dacshund Visits 3:00 Coffee and Cookies 6:30 Wheel of Fortune</p>	<p><b>16 Morning Activities</b> 10:30 Church Service (C) 11:15 Hymn Sing-Along <b>Afternoon Activities</b> 1:30 Activity with ABI 3:00 Coffee and Cookies Parachute</p>	<p><b>17 Beauty Shop Morning Activities</b> 10:00 Flower Arranging Puzzles and Popcorn <b>Afternoon Activities</b> 1:15 Devotions with Chaplain Carol 2:00 Bandanahh! Concert (C) 3:00 Coffee and Cookies Cards and Game Night</p>	<p><b>18 Morning Activities</b> 10:00 Morning Stretch with Katie 10:30 Mind Aerobics 11:00 I Love Lucy <b>Afternoon Activities</b> 1:00 Nail Care 3:00 Coffee and Cookies Movie Night</p>	<p><b>19 Morning Activities</b> 10:00 Sing-Along w/ Jeanne Chair Yoga <b>Afternoon Activities</b> HHA's Choice Activity 3:00 Coffee and Cookies Puzzle Hour Movie Night</p>
<p><b>20 Morning Activities</b> Video Exercise Sing-Along with CD#3 <b>Afternoon Activities</b> 1:00 Reminisce w/ Beth 3:00 Coffee and Cookies Daniel O'Donnell Songs of Faith DVD</p>	<p><b>21 Barber Shop Morning Activities</b> 10:00 Morning Stretch with Katie 10:30 Sing Along <b>Afternoon Activities</b> 1:00 Music for Life 3:00 Coffee and Cookies Activity Boxes</p>	<p><b>22 Beauty Shop Morning Activities</b> 10:00 Devotions with Chaplain Carol 10:30 Noodle Hockey 11:00 Sing-Along <b>Afternoon Activities</b> 1:00 Cards and Puzzle Hour 3:00 Coffee and Cookies 6:30 Wheel of Fortune</p>	<p><b>23 Morning Activities</b> 10:30 Church Service (C) 11:15 Daniel O'Donnell Songs of Faith DVD <b>Afternoon Activities</b> 1:30 Activity with ABI 3:00 Coffee and Cookies Parachute</p>	<p><b>24 Beauty Shop Morning Activities</b> 10:00 Flower Arranging Puzzles and Popcorn <b>Afternoon Activities</b> 1:15 Devotions with Chaplain Carol 2:00 Woodbury Lutheran Kitchen Band (C) 3:00 Coffee and Cookies Cards and Game Night</p>	<p><b>25 Morning Activities</b> 10:00 Morning Stretch with Katie 10:30 Mind Aerobics 11:00 Golden Girls <b>Afternoon Activities</b> 1:00 Nail Care 3:00 Coffee and Cookies Movie Night</p>	<p><b>26 Morning Activities</b> Chair Yoga Sing-Along w/ CD #4 <b>Afternoon Activities</b> HHA's Choice Activity 3:00 Coffee and Cookies Coloring Club Movie Night</p>
<p><b>27 Morning Activities</b> 50's Favorites Sing-Along Puzzle Hour <b>Afternoon Activities</b> Video Exercise 3:00 Coffee and Cookies Daniel O'Donnell Live from Nashville DVD</p>	<p><b>28 Morning Activities</b> 10:00 Morning Stretch with Katie 10:30 Sing- Along <b>Afternoon Activities</b> 1:00 Making Trail Mix 3:00 Coffee and Cookies Activity Boxes</p>	<p><b>29 Beauty Shop Morning Activities</b> 10:00 Devotions with Chaplain Carol 10:30 Noodle Hockey 11:00 Country Sing-Along <b>Afternoon Activities</b> Irish Sing-Along DVD 3:00 Coffee and Cookies 6:30 Wheel of Fortune</p>	<p><b>30 Morning Activities</b> 10:30 Church Service (C) 11:15 Hymn Sing Along <b>Afternoon Activities</b> 1:00 Home for Life Dogs Visit 3:00 Coffee and Cookies Parachute</p>	<p><b>31 Beauty Shop Morning Activities</b> 10:00 Flower Arranging Puzzles and Popcorn <b>Afternoon Activities</b> 1:00 Devotions with Chaplain Carol 3:00 Coffee and Cookies Cards and Game Night</p>	<p><b>Activities are subject to change. Please check the activity board in the Dining Room for more information.</b></p>	