

For 20 Years...



Welcome Home!



**MARK YOUR CALENDARS TO
JOIN OUR 20th ANNIVERSARY
CELEBRATION!**

**Thursday, June 14th ~ 4:00-8:00 pm
See back cover for full details!**

home

[hohm] noun

1. a house, apartment, or shelter that is the usual residence of a person, family, or household.
2. the place in which one's domestic affections are centered.
3. an establishment providing residence and care for people
4. see **Oak Meadows**


Oak Meadows
Independent ~ Assisted ~ Memory Care

www.Oak-Meadows.org

**8131 Fourth Street N.,
Oakdale, MN**

Conveniently located
off Hwy 94 & 694

651-578-0676

Our Roots Run Deep

The word "home" has a wide variety of connotations. To some, home is merely a place where basic needs are addressed. To others, home is the foundation from which they draw their strength and tranquility. Still, others view home as a place truly surrounded by family and friends. Yet all these definitions of home imply somewhere we can be ourselves and are totally accepted. There, we feel safe enough to let our guard down, peaceful enough to really relax, and loved enough to want to return day after day. However, these qualities need not be linked to a single space or any space at all. Home is where the heart is, and can be the locale you live in or with those special people closest to you. It can be a feeling you carry inside yourself, wherever you are.

This is what we make every effort at Oak Meadows to create for our residents, their families, and our staff - HOME.



Just a few memories from 20 years...



Chaplain Carol Heckmann with Agnes (above).



We have a strong ecumenical faith community. Our chaplain provides services, Bible Study, Devotions, Private counseling, plus a choral and a bell group. Our bus goes to Guardian Angels Church for the Saturday Mass, and we have Rosary here every Tuesday night.

"Thank you all who remembered my birthday! The cards and greetings made the day very special. Our move to Oak Meadows has been very gratifying. The friendliness and welcome wishes have been more than we could have imagined. I very much appreciate you all. Thanks again."

— Tenant

"Thanks again for all your help getting settled into Oak Meadows. She (mom) is so happy there and always says she wishes she had moved in years earlier. We've had reasons to look into senior living elsewhere in the state, and Oak Meadows was the gold standard we used in evaluating them. You and the staff are doing an amazing job and it's reflected in the quality of life your residents have. Thank you."

— Tenant's Family Member

"Thank you again for a wonderful year! We so appreciate your willingness to continue to continue our project that matches the seniors with the first graders. We wish that you could hear the positive comments that we receive from families. The kids are still talking about their bingo trip. Have a great summer and we'll see you next year."

— 1st grade teachers at Nativity School. (They have been coming to Oak Meadows for 15 years.)

To the entire staff at Oak Meadows-

Thank you for being such nice people-friendly, caring, attending to our needs and helping however possible. You do make the atmosphere very homey. Thank you again. We appreciate every one of you.

-Tenant



Deb Ruzek, Reception Supervisor, 13 years



One of my favorite memories was doing an art project with one of our tenants. He had problems with his vision, so he would tell me what he wanted me to sculpt and then I would try to make it out of clay. He kept picking these difficult things for me to make and thought it was funny that I was struggling to make them. We laughed so much!

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Katie Ericson-Activities Assistant, 15 years



In high school I used to work in the dining room as a server. My coworkers were also my good friends that attended the same high school as myself. When we would have prom or a semi-formal dance all the seniors would want to know about the dresses and see pictures. One year about five of us girls decided to come up here to Oak Meadows dressed in our prom attire before the dance, we took pictures on our beautiful staircase in the

lobby and even with some of the tenants. It's one of my favorite memories because you could tell it meant a lot to them that we came to see them plus it was nice to share something with them.

Ageane Reed, Receptionist, 18 years



One of my favorite memories of Oak Meadows was learning to knit with one of our tenants. Many people had shown me how, but I had never learned until she taught me. Len used to visit with me every Tuesday evening after dinner, during that time I learned quite a bit about WW. I enjoyed his visits very much. After his passing, his son, made a

birdhouse for me. In the spring, I had a whole family of birds living in it. It was so fun! I thought of them every time I saw the birdhouse.

Jane Gandrud, Office/Finance Mgr., 17 years



My favorite memory is when Oak Meadows won the Patriotic flower/garden contest sponsored by KARE11 and Belinda Jensen. We didn't have a garden at that time so the tenants and staff were really creative. It was so fun to have everyone working together.

Kim Utecht Prayrock, Dir. of Community Relations, 20 years



I still have a \$2.00 bill taped on my board from 10 years ago. One of my tenants gave it to me and told me that as long as I have it, I will never be poor. I love all the service projects we do outside our community. It gives us fun projects to do as well as a sense of purpose in helping others. Riding in the Oakdale parade for 19 years with our tradition of going to the Dairy Queen afterward.

Megan Longville, Activity Director, 10 years



It's hard to pick just one memory, but I think some of my favorite memories revolve around our art programs. We have worked hard to incorporate art into many of our tenants lives, that seeing the excitement on their faces during a project proves how much art enriches lives. For

example, most tenants come in thinking that since they have no experience with art, they won't be good at any of the projects. But once they start working on the projects you can see the joy in their faces. There have been plenty of times that once a project is complete, there are actually tears in their eyes. Our art programs have a way of helping people through tough times in their lives and uniting us as a group to form such a strong bond.

Welcome to Oak Meadows! Located in beautiful Oakdale, we are a not-for-profit senior living community in Minnesota. From our stunning campus to our dedicated staff, we are committed to providing excellent care, engaging activities, and a strong community for our tenants.

We partner with Ebenezer Home Care, a licensed home health care agency that provides 24/7 home health care services. Like Oak Meadows, our home care believes in senior community as a key element of overall health. Their exceptional reputation and approach to senior living services makes them a valuable partner.

Find the care you need at Oak Meadows. We offer 62 independent living, 48 assisted living and 12 memory care living options.

Making a lifestyle change can be a challenging experience. Oak Meadows is here to provide the support and guidance you and your loved ones may need during this transition. Please do not hesitate to contact us with any questions you may have by calling 651-578-0676 or emailing info@oak-meadows.org. We look forward to hearing from you!

JOIN US FOR OUR 20th ANNIVERSARY

Thursday, June 14th ~ 4:00-8:00 pm

Lots of great food, prizes, music & memories!

Plus – FREE photo booth, caricaturists, vendors & more!

