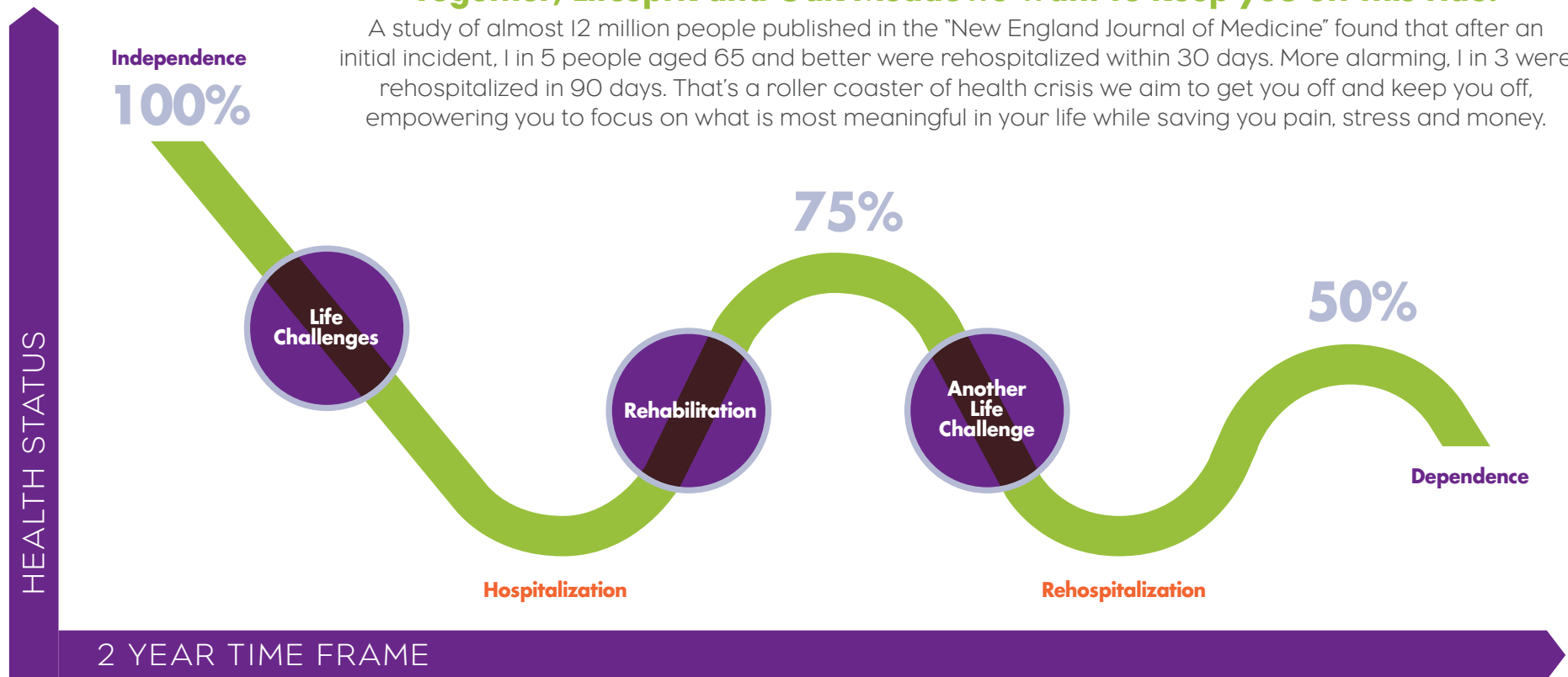


# The Roller Coaster of Health Care Crisis

## Together, Lifesprk and Oak Meadows want to keep you off this ride.

A study of almost 12 million people published in the "New England Journal of Medicine" found that after an initial incident, 1 in 5 people aged 65 and better were rehospitalized within 30 days. More alarming, 1 in 3 were rehospitalized in 90 days. That's a roller coaster of health crisis we aim to get you off and keep you off, empowering you to focus on what is most meaningful in your life while saving you pain, stress and money.



### Why Does the Roller Coaster Happen?

- Reactive health system only covers acute care, not long-term care
- Fragmented health system with little or no connectivity between settings or episodes
- Narrow focus on health, not whole person
- Families, physicians and community not as available to provide trusted oversight as in past

### How Lifesprk Eliminates the Roller Coaster and Sparks Lives:

- Proactive guidance
- A trusted advisor who guides client across settings
- Connectivity with reliable resources
- A long-term solution to reduce fragmentation
- A focus on client as a whole person, across the 7 elements of living well
- An emphasis on client's goals and wishes
- A comprehensive Life Plan

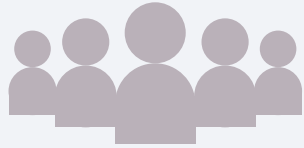


Independent ~ Assisted ~ Memory Care

**Learn more at [Lifesprk.com/passion](https://lifesprk.com/passion) | 952.345.8770**

# The Lifesprk Experience™ at Oak Meadows

## OUR PEOPLE



## OUR PROCESS



**Discover** Explore our 7 Elements of living well to evaluate all areas of your life



**Prioritize** Identify personal goals to prioritize your needs and wants



**Create** Design a customized Life Plan to achieve your priorities



**Empower** Tap our team, insights and best practices for guidance



**Ignite** Connect with our trusted 7 Element partners to bring your Life Plan alive



**Measure** Enjoy the results and satisfaction of accomplishing your priorities



**We're committed to meeting people wherever they are and changing the experience in the second half of life.**

However you choose to engage with us (Life Care Management, Lifesprk Guidance, Lifesprk Connect), celebrate the results and keep it going strong: rewards of your LifeSprk Experience™ have fun re-engaging and refining your plan often. We'll be there to light up the possibilities every step of the way!



*"I never thought I'd get back out on a sail boat. It just goes to show that anything is possible with Lifesprk at the other end."*

*— Lifesprk Client, Bob Slocum*

**Learn more at [Lifesprk.com/passion](https://www.lifesprk.com/passion) or call 952.345.8770**

